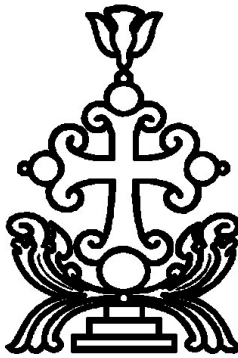


# **Syro-Malabar Liturgical Calendar**

**First Set  
2022 - 2023**



Published by  
Syro-Malabar Major Archiepiscopal Commission for Liturgy

<b>Year</b>	<b>Great Fast 1<sup>st</sup> Sunday</b>	<b>Easter</b>	<b>Pentecost</b>
2023	February 19	April 09	May 28
2024	February 11	March 31	May 19
2025	March 02	April 20	June 08
2026	February 15	April 05	May 24

## PREFACE

1. This Calendar is prepared in accordance with the decision of the Synod of the Syro-Malabar Bishops held in November 6 – 18, 1995.
2. The readings of the Sundays and other important days are given in the Calendar as per the direction of the *Supplementum Mysteriorum* and *Ordo* published by Rome in 1959 –'60. The long readings have been reduced, while the complete version of them are given in the brackets. Readings of ordinary days are selected as per the need required.
3. The division of the Liturgical Year of the Syro-Malabar Church is followed according to the Lectionary System of the East Syrian tradition. The liturgical calendar is divided into nine seasons. The spirit of each season is given in the introduction.
4. The liturgical year is centered around the Holy Mysteries of the Salvation History. Birth of Jesus (Suvara-Yalda), Baptism (Denha), Passion and Death of our Lord (Sauma Ramba), Resurrection- Easter (Qyamtha) Pentecost (Sleehe), Growth of the Church (Kaitha), Transfiguration and Exaltation of the Cross and the Second Coming of Jesus (Elia-Sleeveva-Mushe), and Dedication of the Church (Qudash Edtha) are the major salvific events commemorated
5. Feasts are divided into three groups based on their importance. They are: Our Lord's (*Maranaya*) Feasts, Important Feasts and Ordinary Feasts . The readings are arranged accordingly.
  - a. On our Lord's Feasts and Commemorations the readings of the feasts are given before the readings of the season.
  - b. The Important Feasts are divided into two: Marian Feasts (*Eg.* Feast of the Immaculate Conception) and Commemorations of martyrs and saints (*Eg.* Dukrana of St. Thomas, *etc.*)
  - c. The Ordinary Feasts are subdivided into two: i. of the Oriental Tradition and ii. of the Universal Church.

Note: Those given in bold letters are more important in these groups.

6. If the feast of Denha falls on a Sunday, that Sunday is considered to be the First Sunday of the season of Denha. If the feast falls on a day from Sunday through Thursday, those days are considered to be of the first week of Denha. (If the feast falls on a Friday, the following Sunday will be considered as the First Sunday of Denha and the readings for the first Saturday of Denha are to be used on the following Saturday as well).
7. The commemoration of all the departed can be celebrated either on the last Friday of the Period of Denha or on 2<sup>nd</sup> November.
8. The fasting and the penitential service for the preparation of the Great Lent are celebrated on the first Monday of Great Lent. If necessary, it can be celebrated on another day of Great Lent with the permission of the local ordinary.
9. It is highly desirable to practise abstinence during the period of Great Lent but also that of Annunciation, Three Days' Lent, Eight Days' Lent and Fifteen Days' Lent.
10. Four readings are given for Sundays and other important feasts.
11. On the day of penitential service marking the beginning of Great Lent and on Passion Friday, fasting and abstinence are to be observed.
12. It is desirable to fast on every Friday of the season of Great Lent.
13. The Sunday after the 14<sup>th</sup> of September is considered to be the first Sunday of the Season of Sleavea. The readings for the season of Elia are continued till that Sunday. If the feast of Sleavea falls on a Sunday, it will be considered as the first Sunday of Sleavea.
14. All Fridays throughout the year are days of abstinence except the Fridays between Christmas and the feast of Denha, and the first Friday after Easter.
15. The important feasts of Christmas (Dec. 25), Denha (Jan .6), Peter and Paul (June 29), the Ascension of Our Lord (the sixth Thursday after Easter), St.Thomas (July 3), Assumption of Bl. V. Mary (August 15) are the days of obligation. In those places where these days are not holidays, all those who can are requested to participate in the Holy Qurbana and other liturgical ceremonies.

## Seasons of Annunciation – Nativity

The liturgical year of the Syro-Malabar Church begins with the period of Annunciation. The four weeks in preparation to the feast of the Nativity of Jesus, celebrated on 25<sup>th</sup> December constitute this season. Since we practise abstinence from 1<sup>st</sup> to 25<sup>th</sup> December in preparation for Christmas, we call this period “25 days Lent”.

The salvific acts which found fulfilment in Jesus Christ begin with the birth of Jesus. This season is called ‘subbara’ in Syriac language. The meaning of this term is ‘declaration’, ‘announcement’ etc. What angel Gabriel announced to holy Mary was the greatest glad news to humanity that eagerly waited for the Saviour. Thus, this season is developed in the context of the mystery of incarnation completed in the fullness of time. The Church recalls during these days the announcement of the birth of John the Baptist, the predecessor of Jesus, and also the joyful event of the birth of John the Baptist. As a preparation for the celebration of the mystery of incarnation, this season also recalls creation, disobedience of our first parents and its consequences, the miserable state of the broken humanity, the promise of salvation offered by God, God’s covenant with humanity, and the prophecies about the Saviour. During this season we also meditate on the role of Mary in the history of the plan of salvation.

The readings, prayers and hymns of the season remind us that like the people in the Old Testament who became aware of their miserable condition and their hope for the Saviour, the people of the New Testament also should become aware of their helplessness and sinful situation and walk towards Jesus and give place in their hearts for Jesus to be born. The season of Nativity commemorates the important themes like the birth of Jesus, the visit of Magi, the escape into Egypt, presentation of Jesus in the temple and the infancy of Jesus.

# December 2022

## Seasons of Annunciation–Nativity

- 1 Thu *25 days fast begins*  
1 Tim 4:11-16 Be a model in holiness  
Mt 24:45-51 Be vigilant
- 2 Fri *First Friday*  
Col 3:1-10 Seek the things that are above  
Mt 13:12-17 Your eyes are blessed
- 3 Sat Gal 3:1-9 Justification through faith  
Lk 9:57-62 Dedication needed for the discipleship  
**St. Francis Xavier**  
Deut 26:16-19 You are a holy people  
Isa 45:20-24 There is no God besides me  
2 Cor 6:3-10 We are God's servants  
Mk 6:7-13 Jesus sends out His disciples
- 4 Sun ✠ **Second Sunday of Annunciation**  
Num 22:20-35 (22:20-23:2) Balaam gets instructions from the messenger  
Isa 43:25-44:5 (43:14-44:5) Announcement about the salvation of Israel  
Col 4:2-6 (4:2-18) Participate in the evangelistic works of the Church  
Lk 1:26-38 (1:26-56) Annunciation about the birth of Christ
- 5 Mon Eph 4:13-16 Grow into Christ  
Jn 14:11-14 Nothing is impossible for those who believe
- 6 Tue 1 Thess 5:5-11 Sons of the day  
Lk 10:21-24 The persons who receive the divine revelation
- 7 Wed Eph 1:3-12 Those who are chosen in Christ  
Lk 1:34-38 Behold, the handmaid of the Lord  
**St. Ambrose**  
Deut 7:1-11 The holy people chosen by God  
Sir 15:1-6 The gift for the righteous  
2 Tim 4:1-8 The crown of righteousness  
Lk 14:25-33 The cost of discipleship

- 8 Thu **Feast of the Immaculate Conception of Our Lady**  
 Sir 24:1-14 (24:1-34) The greatness of wisdom  
 Isa 7:10-16 Virgin will give birth to a child  
 Heb 1:1-3, 2:16-18 Son of God  
 Lk 1:46-55 (Mt 1:1-17+Lk 1:46-55) The Magnificat
- 9 Fri *Death anniversary of Mar Louis Pazheparampil (1919)*  
 2 Cor 8:11-15 Do works of charity  
 Lk 1:46-56 Mary's Magnificat
- 10 Sat Heb 3:12-19 Do not go away from God  
 Lk 11:33-36 The light of the body
- 11 Sun ✘ **Third Sunday of Annunciation**  
 Gen 18:1-10 (18:1-19) God confirms the promise to Abraham  
 Judg 13:2-7; 24 (13:2-24) Birth of Samson  
 Eph 3:1-13 (3:1-21) Paul is called to witness the mystery of Christ  
 Lk 1:57-66 (1:57-80) Birth of John the Baptist
- 12 Mon 1 Cor 5:1-8 Abandon immorality  
 Lk 6:43-45 Be a tree which produces good fruits
- 13 Tue Eph 2:1-10 Salvation is the gift of God  
 Mt 3:1-6 Kingdom of heaven is approaching
- 14 Wed 1 Thess 2:13-17 Fidelity to the Word of God  
 Lk 16:10-13 Be faithful to God  
**St. John of the Cross**  
 1 Cor 2:1-10 Hidden and mysterious wisdom  
 Lk 14:25-33 Discipleship demands sacrifice
- 15 Thu Gal 3:26-29 Those who have put on Christ  
 Lk 1:67-79 Canticle of Zechariah
- 16 Fri Col 1:10-16 Lead a life pleasing to the Lord  
 Mk 1:1-8 He who is more powerful than me comes after me
- 17 Sat Gal 1:11-17 Called by the grace of God  
 Jn 8:31-36 One who is from the heights is above all
- 18 Sun ✘ **Fourth Sunday of Annunciation**  
 Gen 24:50-67 Isaac receives Rebekah according to the will of God  
 1 Sam 1:1-18 (1:1-28) God's intervention in Samuel's birth  
 Eph 5:5-21 Discern the will of the Lord  
 Mt 1:18-24 God's intervention in the birth of Jesus

## **The Miraculous Cross at Mylapore**

Ex 17:4-6 Water from the rock

Acts 2:29-36 (2:14-36) God raised Jesus whom you crucified

Eph 2:14-22 Peace is through the Cross

Jn 14:1-6 Jesus the way, truth and life

19 Mon *Death anniversary of Mar John Menacherry (1919)*

Eph 6:18-20 Pray incessantly

Jn 1:1-5 There was Word in the beginning

20 Tue Gal 4:1-7 Son of God is born of a woman

Jn 1:6-13 The one who has come to witness the light

21 Wed *The establishment of Syro-Malabar Hierarchy (1923)*

Eph 4:17-24 New life in Christ

Jn 1:43-51 Nathanael meets Jesus

22 Thu Rom 9:6-16 Word of God never fails

Mt 5:17-20 Christ, fulfilment of the covenant

23 Fri Heb 1:5-14 Messiah is superior to the angels

Jn 7:25-31 Is he the Messiah?

24 Sat Heb 5:11-14 Recognise the Word

Lk 12:54-59 Discern the signs of the time

25 Sun **✕ Christmas – The Nativity of our Lord**

*Day of Obligation*

Isa 7:10-16, 9:1-3; 6-7 Virgin shall bear a son

Mic 4:1-3, 5:2-5; 8-9 The King who is to come

Gal 3:15-4:6 Everyone is children of God in Jesus Christ

Lk 2:1-20 Birth of Jesus Christ

**First Sunday of Nativity**

Gen 21:9-21 (21:1-21) God protects the son of the slave woman

1 Sam 1:21-28 (1:19-28) Samuel is dedicated to the Lord

Gal 4:21-5:1 Christ has set us free

Mt 2:1-12 (2:1-23) Visit of the Magi

**Feast of the Holy Family**

Gen 1:26-28 He created them male and female

Sir 3:1-9 The duties to the parents

Col 3:18-21 Family life guided by the Lord

Mt 2:13-14; 19-23 Holy family flees to Egypt



- 26 Mon 1 Jn 3:11-17 He who hates his brother is a murderer  
 Jn 8:12-19 Jesus is the light of the world  
**St. Stephen**  
*Patron's day of Mar Stephen Chirappanath*  
 Acts 6:8-10, 7:54-59 The martyrdom of St. Stephen  
 Mt 10:16-22 Whoever holds out to the end will be saved
- 27 Tue **St. John, the Apostle**  
*Patron's day of Mar John Vadakkal and Mar John Nellikunnel*  
 Ex 33:12-23 (33:9-23 ) God is with the people  
 Sir 15:1-6 The God's servant will receive the rewards  
 Rom 8:35-39 Who can separate us from the love of Christ?  
 Jn 21:20-24 The disciple whom Jesus loved
- 28 Wed **Holy Childhood Day (The Infants' Day)**  
 Gen 4:3-8 Abel is murdered  
 Jer 31:15-17 A voice of lamentation from Ramah  
 Heb 11:32-38 (11:3-10, 11:32-12:2) Persecuted for faith  
 Mt 2:13-18 The massacre of the infants
- 29 Thu Heb 5:11-14 Distinguish good from evil  
 Mt 12:43-45 Return of the evil spirit
- 30 Fri Col 1:1-9 Be filled with the knowledge of his will in all  
 Mt 9:27-31 Jesus heals the blind ones  
**The Divine Motherhood of Mary**  
 Ex 15:11-21(15:11-21+ Mic 6:1-5+ Jer 31:13-17) Miriam praises God  
 Acts 1:12-14 (1:1-14) Apostles in prayer together with Mary  
 Rom 16:17-20; 25-27(16:1-27) It is God who reveals the mysteries  
 Lk 1:39-45 (Lk 1:26-55 + Mt 1:1-16; 18-25) Mother of the Lord
- 31 Sat 1 Jn 2:26-29 Abide in him  
 Jn 1:19-29 There is someone among you whom you do not know  
**End of the Year**  
 1 Tim 6:6-12 We do not have everlasting cities here  
 Lk 13:6-9 Let us bear fruit



# January 2023

## Seasons of Nativity and Denha

- 1 Sun ✕ **Second Sunday of Nativity**  
Ex 2:1-10 Birth of Moses  
Isa 49:1-6 Israel is the chosen people of God  
2 Tim 2:16-26 God knows who are His own  
Lk 2:21-35 (2:21-52) Jesus is presented in the Temple  
**Holy Name of Jesus (Circumcision)**  
Gen 17:1-14 (17:1-27) The circumcision of the Israelites.  
Isa 43:1-7 (42:18-43:13) God calls us by name.  
Phil 2:5-11 (Gal 5:1-6+ Phil 2:5-11)The name of Jesus is greater than every other name.  
Mt 1:18-25 + Lk 2: 21 He was named Jesus.  
**New Year Day**  
Eph 4:17-24 Be new creation.  
Mt 6: 25-34 Trust in God.
- 2 Mon Eph 4:7-12 Diversity of graces  
Mt 6:16-21 Treasure in heaven
- 3 Tue Gal 6:1-10 Carry the burdens each other.  
Lk 2:41-52 Child Jesus in the Temple.  
**St. Kuriakose Elias**  
Gen 12:1-4 God calls Abraham.  
Isa 44:1-4 I will bestow my grace upon your children.  
1 Pet 4:12-19 Live according to God's will.  
Mt 5: 1-12 True happiness of the followers of Christ.
- 4 Wed 2 Cor 12:6-10 You need my grace  
Jn 6:16-24 Jesus walks on the water
- 5 Thu Acts 3:20-26 A Prophet as Moses  
Mt 4:12-17 Jesus starts his mission

## Season of Denha

The word Epiphany in Syriac is known as 'Denha'. It means 'dawn' 'revelation' 'manifestation' etc. In this season, the Church recalls the manifestation of Jesus which began with his baptism at Jordan. Jesus reveals Himself to the world; Father and the Holy Spirit witness to it: 'This is my beloved Son, with whom I am well pleased' (Mt. 3:7). The mystery of the Holy Trinity is revealed at His baptism.

The Feast of Denha which is celebrated on 6<sup>th</sup> January is called 'Pindikuthiperunnal' by faithful who live in the northern part of Kerala and 'Rakkuli' by people of the south. 'Pindikuthiperunnal' originated from the practice of going around the 'vazhapindi' decorated with lights and singing 'God is light' commemorating Jesus the light of the world. The name 'Rakkuli' came from the ritual bath that our forefathers used to have in the river or pool near by, on the eve of the feast. It was a religious ceremony.

The saints who witnessed the revealed mystery of Christ through their lives are remembered by the Church on the Fridays of this season. The most important themes commemorated during these days are the baptism of Jesus, His public life, His divine and human nature, His intimate relation with the Father and the Holy Spirit and his self-emptying love. In this season the Scriptural proclamations (readings) chosen are mainly connected with the public life of Jesus. This period reminds us of the baptism of Jesus and our own baptism and the responsibilities we have undertaken with it. Hence, let us strive hard to know Him more intensely and to live like the children of God during this season.

### 6 Fri **✠ The Feast of Denha**

*First Friday*

*Important feast day and day of obligation. Recommended the use of the Qudasha of Mar Nestorius in the Holy Qurbana Episcopal Ordination of Mar Mathew Moolakkatt (1999).*

Syro-Malabar Mission Week begins.

Num 24:15-25 (24:2-9,15-25) A star will rise from Jacob

Isa 11:1-5 (4:2-5+11:1-5+12:4-6) The Spirit of Wisdom

Tit 3:1-7 (2:11-3:7) Life-style of Christians

Mt 3:13-17 (3:1-17) Baptism of Jesus.

### 7 Sat Rom 9:30-33 Justice attained by the gentiles

Jn 10:31-39 The Son in the world

8 Sun ✘ **First Sunday of Denha**

*Death anniversary of Mar Alexander Choolaparambil (1951)*

Ex 3:1-12 God entrusts Moses as the redeemer of Israel

Isa 44:28-45:4 (44:21-45:4) Syrus is entrusted as the redeemer of Israel

2 Tim 3:10-15 (3:1-15) Attain salvation through faith

Lk 4:16-22a (4:14-30) Messiah is revealed as the integral redeemer

9 Mon Acts 14:8-15 Turn away from worthless things.

Jn 14:1-6 Jesus, the way, life and truth.

10 Tue *Death anniversary of Mar Augustine Kandathil (1956)*

Tit 3:8-11 Do good deeds.

Lk 13:23-30 The way to salvation is narrow.

11 Wed 1 Cor 6:15-20 The Temple of the Holy Spirit.

Jn 2:13-17 Do not make my Father's House a market.

12 Thu *Syro-Malabar Mission Week ends.*

1 Cor 2:6-10 Wisdom of God

Lk 7:11-17 Great prophet is born

13 Fri **St. John the Baptist**

*(Recommended the use of the Qudasha of Mar Nestorius)*

Isa 40:1-8 (35:3-10+40:1-8) Prepare the way for the Lord.

Acts 13:16-26 (13:13-33) John Prepared the way for the Lord

Eph 2:19-3:7 (2:19-3:21) St. Paul bore witness to Jesus Christ.

Mk 6:14-29 Martyrdom of St. John the Baptist.

14 Sat **St. Devasahayam**

Rom 9:30-33 The justice achieved by the Gentiles.

Jn 10: 31-39 Son is sent by the father.

15 Sun ✘ **Second Sunday of Denha**

Special collection for Mission week.

Num 10:29-36 (10:29-11:10) Moses leads the people of Israel.

Isa 45:11-17 Israel is saved by the Lord with everlasting salvation.

Heb 3:1-6 (3:1-4:7) Jesus is greater than Moses.

Jn 1:14-18 (1:1-28) Grace and truth came through Jesus Christ.

- 16 Mon 1 Cor 11:17-22 No division in the Church  
Jn 17:20-26 They may become completely one.
- 17 Tue 1 Cor 12:12-18 One body with many members.  
Jn 15:1-10 Abide in my love.
- 18 Wed Eph 2:11-19 One in Christ.  
Jn 21:15-19 Peter, the shepherd.  
**Unity Octave begins**  
Eph 4:1-6 Exhortation for unity.  
Jn 17:6-11 Let them be one.
- 19 Thu 1 Pet 5:5-9 Entrust all the anxieties to God.  
Mk 4:35-41 Jesus has power over the wind and the sea.
- 20 Fri **Sts. Peter and Paul, Apostles**  
2 Kings 4:32-37 (4:8-37) The child is brought to life by Elisha.  
Acts 9:36-42 (9:32-42) Peter resuscitates Thabitha.  
2 Cor 11:21b-31 (2 Cor 10:1-7, 11:21-31) Sufferings of Paul.  
Mt 16:13-19 (Mt 16:13-19+Jn 21:15-19) Peter's proclamation of faith.  
**St. Sebastian**  
*Patron's day of Mar Sebastian Vadakkal,  
Mar Sebastian Adayanthrath, Mar Sebastian Vaniyapurackal  
and Mar Sebastian Pozholiparampil.*  
Deut 32:37-43 There is no God besides me.  
Isa 49:1-4 My property is God.  
2 Tim 2:1-5 The Lord's disciple should suffer as a good warrior.  
Mt 10:24-33 Bear witness without fear.
- 21 Sat Rom 10:10-20 Faith and proclamation.  
Mk 1:21-28 Teaching with authority.
- 22 Sun ✠ **Third Sunday of Denha**  
Num 11:11-20 Moses bears the sufferings of his people.  
Isa 45:18- 46:4 Turn to God and be saved.  
Heb 4:1-10 (3:14-4:10) Let us enter Lord's rest.  
Jn 1:29-34 (1 :29-42) The Lamb of God, who takes away the  
sins of the world.
- 23 Mon 1Jn 5:1- 5 Conquer the world  
Lk 12:4 -12 Give witness without fear.

- 24 Tue Rom 15:14-21 Minister of God for the gentiles  
 Jn 17:6-11 Let them may be one.  
**St. Francis de Sales**  
 Eph 3:8-13 Apostles of the Gentiles.  
 Jn 15:9-17 Remain in my love.
- 25 Wed 2 Cor 6:4-10 Faithful servant of Jesus.  
 Jn 12:27-33 May your name be glorified.  
**Unity Octave ends**  
**The Conversion of St. Paul**  
 Ex 3:1-14 God calls Moses.  
 Acts 9:1-22 The Conversion of Saul.  
 1 Cor 15:1-10 Jesus appears to the one who is untimely born.  
 Mt 20:1-16 The workers in the vineyard.
- 26 Thu **The Republic Day**  
*Death anniversary of Mar Mathew Makil (1914).*  
 1 Cor 9:24-27 Run after eternal things.  
 Mk 10:17-22 Sell and give your property to the poor.  
**Sts. Timothy and Titus**  
 2 Sam 22:2-4 Lord is my redeemer.  
 Wis 7:28-8:3 God loves the wise.  
 1 Tim 6:11-16 Fight for faith.  
 Mt 16:24-27 Disciple of Christ should suffer.
- 27 Fri **Evangelists**  
 1 Kings 18:30-39 Elijah who reveals the true God.  
 Acts 5:12-16 (5:12-32) Signs and wonders by the hands of the Apostles.  
 1 Cor 4:9-16 (1 Cor.4:9-16+2 Cor 1:8-14) I became your father in Christ through the Gospel.  
 Mt 10:1-15 (9:35-10:15) Jesus sends out the Apostles.
- 28 Sat Phil 1:27-30 Battle for faith  
 Mt 15:21-28 Faith of the Cananite woman  
**St. Thomas Aquinas**  
 1 Kings 3:5-12 A wise and discerning mind is given to Solomon.  
 Wis 7:7-14 Those who pray will get wisdom.  
 1 Cor 1:18-25 Folly of the Cross.  
 Mt 5:13-16 You are the salt of the earth.

29 Sun ✘ **Fourth Sunday of Denha**

*Major Archiepiscopal status to Syro-Malabar Church.*

*Mar Antony Padiyara, the first Major Archbishop (1993)*

Num 11:23-35 He reveals Israel's redemption.

Isa 46:5-13 I am God, and there is none like me.

Heb 7:23-28 (7:18-28) Christ holds His priesthood permanently.

Jn 2:1-11(1:43- 2:11) Jesus' glory is revealed at Cana.

30 Mon **Three Days' Fast**

Isa 64:1-9 (63:17-64:12) Remember not our iniquities forever.

Hab 3:13-19a (3:1-19) God, the Lord, is my strength.

1 Tim 2:1-7 (2:1-3:10) Pray for all.

Mt 18:23-35 Forgive your brother from your heart.

**World Day of Peace**

Eph 2:14-22 Jesus is our peace.

Jn 14:27-31 The peace given by Jesus.

31 Tue **Three Days' Fast**

1 Sam 7:3-9 Return to the Lord with all your heart.

Isa 59:1-8 (59:1-18) Our iniquities separate us from God.

Rom 12:1-8 (12:1-21) Be transformed by the renewal of your mind.

Lk 18:9-14 (18:2-14) Pray with repentance.

**St. John Bosco**

*Patron's day of Mar Bosco Puthur*

Phil 4:4-9 Do whatever you have heard from me.

Mt 18:1-5 Welcome children in my name.



# February 2023

## Season of Denha

### 1 Wed **Three Days' Fast**

*Recommended the use of the Qudasha of Mar Nestorius.*

Joel 2:15-19 (2:15-27) Return to God with your whole heart.

Jon 3:1-10 (3:1-4:11) The fasting and prayer of Nineveh.

Rom 9:19-29 (9:14-10:17) God shows mercy.

Mt 6:1-4 (6:1-18) God rewards for the good deeds.

### 2 Thu **Thursday after the Three Days' Fast**

*Episcopal ordination of Mar George Alencherry (1997)*

Eze 33:10-16 Joy of the Lord

Mic 7:8-9; 18-20 I will see salvation

3 Jn 1:1-8 Joy of the Apostle

Lk 15:1-10 Joy in the heaven about the repentant

### **The Presentation of our Lord in the Temple (Purification of Our Lady)**

Lev 12:1-8 Purification of mothers.

Isa 42:1-7 Servant of God.

Rom 9:30-10:4 Christ, the fulfillment of law.

Lk 2:22-38 Presentation of our Lord in the temple.

### 3 Fri *First Friday*

### **St. Stephen**

1 Kings 21:1-21 Naboth is stoned to death.

Acts 7:54-60 (6:8-15+7:51-8:2) The martyrdom of St. Stephen.

2 Cor 4:8-18 (3:18-4:18) Carrying in the body the death of Jesus.

Mt 23:34-39 (11: 20-30 + 23:29-39) Bloodshed of the righteous for Christ.

### 4 Sat *Episcopal ordination of Mar Jose Pulickal (2016)*

1 Jn 5:13-21 Those who are born of God do not sin.

Jn 8:39-47 One who is from God listens to the Word of God.

### **St. John Britto**

1 Cor 9:19-23 I became all things to all men.

Jn 15:18-25 The world will hate you because of me.



5 Sun ✘ **Fifth Sunday of Denha**

Deut 18:13-18 (18:9-22) You must be blameless before the Lord.

Isa 48:12-20 There is no peace, for the wicked.

Heb 6:9 -15 (6:9-7:3) Eternal priest according to the order of Melchizadek.

Jn 3:14 - 21 (3:1-21) You are to be born again in water and spirit.

6 Mon *Death anniversary of Mar Mathew Pothanamuzhy (1982)*

Gal 3:21-25 Law and faith.

Jn 5:41-47 Real faith is based on God's love.

7 Tue 1 Jn 3:18-24 Love each other

Mk 3:7-12 Jesus heals many.

8 Wed *Episcopal ordination of Mar Thomas Elavanal (1997)*

Col 2:6-10 Fullness of divinity in Jesus.

Mt 12:15b-21 Jesus, the elected servant.

9 Thu *Episcopal ordination of Mar Mathew Arackal (2001) and Mar George Madathikandathil (2013)*

Eph 6:10-17 Fight against the evil

Mk 9:33-37 First one, servant of all.

10 Fri **Greek Fathers**

*It is recommended to use the Qudasha of Mar Nestorius*

1 Sam 22:11-21 (22:6-21) Those who are persecuted for truth.

Acts 22:22b-29 (22:22b-23:16) Trial before the tribunal on behalf of faith.

2 Tim 2:8-13 (2:8-19;4:1-8,14-18) Suffering hardships for the Gospel.

Mt 5:1-12 (4:23-5:19) Blessed are those who are persecuted for righteousness.

**Syriac Fathers**

2 Kings 13:14-21 The Lord's arrow of victory over the enemy.

Acts 13:4-12 (12:25-13:12) Paul against false prophet.

Heb 13:7-9,17-19 (13:1-9,16-21) Imitate the spiritual leaders.

Mt 16:24-28 (16:24-17:9) One who follows Christ takes up the cross

## **Patron of the Church**

Isa 41:8-16 People protected by God.

Acts 19:8-20 Divine power manifests through Paul

2 Cor 10:3-8 (10:3-18) Apostle's authority to build up the Church.

Mt 25:14-23 (24:45-47+25:14-23) Increase the God-given talents.

11 Sat 1 Cor 3:10-17 Revealed through fire

Lk 11:14 -23 Actions by the Spirit of God

### **Our Lady of Lourdes (Day of the sick)**

Rev 12:1-6 The woman crowned with stars.

Jn 2:1-11 Do whatever He tells you.

12 Sun ✘ **Sixth Sunday of Denha**

Deut 24:14-22 (24: 9-22) Be merciful to others

Isa 63:7-16 Lord redeems His people

Heb 8:1-6 (8:1- 9:10) Jesus, the mediator of new covenant

Jn 3:22-31(3:22-4:3) Jesus and John the Baptist.

13 Mon *Episcopal ordination of Mar Joseph Powathil (1972)  
and Mar Bosco Puthur (2010).*

1 Jn 5:6-12 Proclaim Messiah

Mk 3:13-19 Jesus chooses the disciples

14 Tue 1 Jn 1:5-10 God is the light

Jn 9:35-39 Messiah removes the spiritual blindness

15 Wed Rom 14:1-6 Act with good conviction

Jn 8:31-38 Truth frees you

16 Thu Col 1:21-23 Constancy in faith.

Lk 13:10-17 Jesus heals a crippled woman.

17 Fri **Commemoration of the Dead**

*Death of Mar Joseph Pastor Neelankavil (2021)*

Ezek 37:1-14 The Lord promises new life to His people.

Sir 44:1-15 (44:1-45:6) Glory of Fathers.

1 Cor 15:39-49 (15:34-57) The resurrection of the body.

Mt 25:31-40 (25:31-46) Crown of justice to those who do good.

18 Sat 1 Cor 15:50-57 The dead will be raised imperishable.

Mt 23:1-12 Those who exalt themselves will be humbled.

## Season of Lent

The passion, death and resurrection of Jesus mark the climax of His salvific acts. The seven weeks between Denha and the feast of Easter are set apart for prayer, fasting, abstinence and reparation. The basis of this lenten season is the forty days fast of Jesus. Still, we call this period 'Anpathu Nombu' (50 days' fasting). Probably, because St. Thomas Christians fasted and abstained from 'pethurtha' Sunday to Easter Sunday. The Syriac term 'pethurtha' means 'returning', 'ceasing' etc. Lent is a season set apart mainly for repentance and reconciliation.

We who became God's children and new creation in baptism drifted away from God by committing sin. During this season we meditate upon man's sin and its consequences, the need for repentance and conversion, the infinite love and mercy of God towards repentant sinners and the passion, death and burial of Jesus Christ. Lenten season calls our attention in a special way to the need for reconciliation with God and fellow beings. Therefore, in this period, the Church persuades the faithful to receive the sacrament of reconciliation.

The Church reminds us to spend the lenten period in fervent prayers, sincere fasting and generous almsgiving and to eradicate our evil desires. Like Jesus who conquered death and entered into life, let us also die to sin and enter into eternal life.

### 19 Sun ☒ **First Sunday of Lent**

*Lent begins at midnight. Fasting on the first day of Lent.*

*Marriage is banned from tomorrow until Easter.*

Ex 34:27-35 (34:1-7,27-35) The fasting of Moses.

Isa 58:1-10 (58:1-12,14) The spirit of the true fasting.

Eph 4:17-24 (4:17-5:4,15-21) Put away your old self and clothe yourselves with a new self.

Mt 4:1-11(3:16-4:11) Jesus overcomes temptation.

### 20 Mon *Day of Fasting*

*Death anniversary of Cardinal Mar Joseph Parecattil (1987)*

Gen 1:1-19 God creates heaven and earth.

Josh 1:1-15 Be careful to act in accordance with all the laws.

Rom 1:16-25 (1:1-25) The sin of man and its consequence.

Mt 5:17-26 (5:17-37) Reconciliation with fellow beings.

- 21 Tue Gen 1:20-2:7 Creation of man.  
 Josh 1:16-18 (1:16-2:11) People offers obedience.  
 Rom 2:1-6 (1:28-2:6) Do not judge others.  
 Mt 5:38-42 (5: 38-48) Love generously.
- 22 Wed Gen 2:18-25 Creation of Eve.  
 Josh 2:8-24 Rahab protects the spies of Israel.  
 Rom 2:12-24 (2:7-27) Salvation is not through the law.  
 Mt 6:5-8 (6:1-18) Power of the secret prayer.
- 23 Thu Gen 3:1-13 (3:1-19) Sin of the first parents.  
 Josh 3:1-13 I am with you.  
 Rom 3:9-20 (2:28-3: 26) All are sinners.  
 Mt 6:25-34 (6:19-34) Depend on the divine providence.  
**St. Polycarp**  
 Ex 3:1-6 God calls Moses.  
 Dan 3:19-26 Three young men in the blazing furnace.  
 2 Cor 6:3-10 We are servants of God.  
 Lk 11:43-52 Prophets will be persecuted.
- 24 Fri Gen 4:1-16 (3:20-4:16) Punishment to Cain.  
 Josh 3:14-4:9 The Israelites cross the Jordan.  
 Rom 4:13-25 (3:31-4:25) Faith of Abraham.  
 Mt 7:1-6 (7:1-14) Do not judge.
- 25 Sat Rom 3:21-26 Those who believed are justified.  
 Mt 6:9-15 (6:5-15) The prayer taught by Christ.  
**Blessed Martyr Rani Maria**  
 Gen 22:1-13 The sacrifice of Abraham.  
 2 Mac 7:1-11 The mother and her seven sons.  
 2 Cor 4:7-15 The life of Jesus is visible in our mortal flesh.  
 Mt 10:16-25 Give witness to the Gospel.
- 26 Sun ✘ **Second Sunday of Lent**  
 Gen 5:19-31 Persons who lived with God.  
 Josh 4:15-24 To the Lord of salvation through Jordan  
 Rom 6:15-23 (6:1-23) Newness of life in Christ through baptism.  
 Mt 7:21-27(7:15-27) The true disciple.
- 27 Mon Tit 3:1-7 Laws of Christian life.  
 Mk 7:14-23 Internal and external holiness.
- 28 Tue Rom 8:18-25 Glory that is to be revealed.  
 Mt 7:7-12 The power of prayer.

## March 2023

### Season of Lent

- 1 Wed Rom 6:15-23 Eternal life is the gift of God.  
Mt 9:1-8 Jesus heals the paralyzed.
- 2 Thu Rom 3:1-8 Justice and fidelity of God.  
Mt 5:33-37 Do not swear.
- 3 Fri *First Friday*  
Gen 6:5-12 (5:32-6: 22) Sin increases.  
Josh 5:1-12 Punishment to those who brake the commadments.  
Rom 7:7-12 (7:1-13) Commandment of God is holy and right.  
Mk 11:27-33 (11:27-12:1-2) Authority of Jesus.
- 4 Sat 1 Cor 5:9-13 Keep away from immorality.  
Mt 11:16-19 Unrepentant attitude.
- 5 Sun **✘ Third Sunday of Lent**  
Gen 7:6-24 (7:1-24) Noah and family are saved.  
Josh 5:13-6:5 Destroy the fortress of evil with the power of the Lord  
Rom 7:14-25 The fight against evil.  
Mt 20:17-28 Call to discipleship is to participate in the sufferings.
- 6 Mon Rom 7:1-6 Serve in the novelty of the spirit.  
Mk 12:28-34 Commandment of love.
- 7 Tue 1 Cor 10:1-13 Be watchful those who stand  
Lk 21:29-36 Be always watchful
- 8 Wed 1 Pet 3:8-12 Do not repay evil for evil.  
Mt 5:43-48 Love your enemies.
- 9 Thu Eph 6:1-9 Reward from the Lord according to the deed.  
Mk 12:35-40 Jesus criticises the scribes.
- 10 Fri Gen 9:8-17 (9:8-29) Covenant with Noah.  
Josh 6:8-27 Fall of Jericho.  
Rom 8:1-6 (7:25-8:11) Spiritual desires lead to life.  
Mk 12:18-27 (12:13-44) God, the Lord of the living.

- 11 Sat Eph 4:25-32 The evils that are to be renounced  
Mt 21:28-32 Heaven is for the one who repents.
- 12 Sun **✘ Fourth Sunday of Lent**  
Gen 11:1-9 (11:1-32) Tower of Babel and the punishment.  
Josh 7:10-15 (6:27-7:15) Punishment for disobedience.  
Rom 8:12-17 (8:12-21) Those who are led by the Spirit of God.  
Mt 21:33-44 (21:23-46) They are those who reject Son of Man.
- 13 Mon Gen 12:1-9 God calls Abraham  
Josh 7:16-26 Sin of Akhan  
Rom 9:1-13 Call of Israel  
Jn 5:1-18 Healing at Bethsaida
- 14 Tue Gen 12:9-20 (12:9-13:7) Abraham in Egypt.  
Josh 8:1-9 (8:1-17) Destruction of the city of Ai.  
Rom 9:14-18 (9:14-29) Mercy of God.  
Jn 5:19-23 (5:19-47) All may honour the Son.
- 15 Wed **Mid Lent**  
Gen 13:8-18 Abraham and Lot separate.  
Josh 8:18-29 Destruction of Ai city.  
Rom 10:1-13 (9:30-10:17) Salvation to those who believe.  
Jn 6:60-69 (6:51-69) Words of eternal life are with you.
- 16 Thu Gen 14:8-16 (14:1-16) God saves Lot.  
Josh 8:30-35 Joshua builds altar.  
Rom 11:1-10 (10:17-11:12) The remnant part which is elected by the grace.  
Jn 7:1-13 Feast of the Tent.
- 17 Fri Gen 15:1-15 (14:18-15:15) God makes covenant with Abraham.  
Josh 9:1-15 Deception of Gibeonites.  
Rom 11:25-36 Renovation of Israel.  
Jn 7:25-31 (7:14-36) Christ sent by God.
- 18 Sat **Death of St. Joseph (19 Sunday)**  
Rom 13:1-7 All authorities are from God.  
Jn 7:45-53 Unbelief of the authorities.  
**St. Cyril of Jerusalem**  
Deut 4:1-8 Be faithful.  
Sir 39:6-14 Be proud of the Covenant of God.  
1 Cor 10:14-21 Get away from idol worship.  
Mt 10:23-28 Bear witness without fear.

19 Sun ✘ **Fifth Sunday of Lent**

*Episcopal ordination of Mar Simon Stock Palathara (1993).  
Patron's day of Mar Joseph Powathil, Mar Joseph Perumthottam,  
Mar Joseph Pamplany, Mar Joseph Pallikaparambil, Mar Joseph  
Kunnath, Mar Joseph Kallarangat, Mar Jose Porunnedam, Mar  
Joseph Pandarasseril, Mar Joseph Arumachadath, Mar Jose  
Chittoopambil, Mar Joseph Kollamparampil, Mar Jose Puthenveetil,  
Mar Joseph Kodakallil, Mar Jose Kalluveilil, Mar Jose Pulickal,  
and Mar Joseph Srampickal*

Gen 16:6-16 (16:1-16) Hagar is comforted by the Lord.

Josh 9:16-27 Cleansing water and wood for fire.

Rom 12:1-11 (12:1-21) Present your bodies as a living sacrifice.

Jn 7:37-39,8:12-20 (7:37-52+8:12-20) Jesus, the living water  
and light of the world.

20 Mon Col 2:16-19 Substance belongs to Christ.

Lk 18:18-25 Sell and give to the poor.

21 Tue 2 Cor 9:10-15 Service of the ministry.

Lk 10:33-37 Be good neighbour.

22 Wed Jude 8-13 Woe to those who abandon God.

Jn 8:1-11 Do not commit sin again.

23 Thu *Death anniversary of Mar Antony Cardinal Padiyara (2000).*

*Patron's day of Mar Vijay Anand Nedumpuram .*

1 Tim 4:6-10 Duties of a real minister.

Lk 18:31-34 Glory through passion

24 Fri Gen 18:1-14 (18:1-19) God visits Abraham.

Josh 14:5-12 (14:5-15) Advice of Joshua.

Rom 13:8-14 (13:1-14) Wear the weapons of light.

Jn 8: 49-59 (8:31-59) I am before Abraham.

25 Sat **The Feast of Annunciation**

*Episcopal Ordination of Mar Antony Chirayath (2006).*

Ex 15:11-21(15:1-21+Mich 6:1-5+Jer 31:13-17) God leads  
Israel.

Acts 1:11-14 Wait for the promise of the Father.

Heb 1:1-13 (1:1-13+2:16-18) God has spoken through His Son.

Lk 1:26-38 The birth of Jesus foretold.

26 Sun ✘ **Sixth Sunday of Lent**

Gen 19:15-26 (19:1-7,9-26) Punishment of Sodom-Gomora.

Josh 21:43-22:5 (21:43-22:9) The Lord gave all the land to Israel.

Rom 14:13-23 Do not be a scandal to your brother.

Jn 10:11-18 (9:39-10:21) Shepherd lays down his life for the sheep.

27 Mon 1 Thess 3:6-13 Foster faith and unity.

Jn 12:44-50 Those who believe do not dwell in darkness.

28 Tue *Death anniversary of Mar Januvarios Palathuruthy (1995)*

2 Pet 2:4-10 Warning to those who live without God's fear.

Lk 13:31-35 Lamentation over Jerusalem.

29 Wed 1 Jn 2:7-11 Those who hate the brother dwells in darkness.

Mt 18:15-20 Correct each other and reconcile.

30 Thu 2 Pt 2:11-17 May your behaviour be good.

Lk 3:8-11 Produce the fruits of repentance.

31 Fri *40<sup>th</sup> Friday*

Gen 19:27-30 God saves Lot.

Josh 22:10-20 Wrath of God to the ungrateful

Rom 15:7-13 (15:1-13) Exhortation to the unity.

Jn 11:38-45 (11:1-45) Lord raises Lazarus to life.





## April 2023

### Seasons of Lent and Resurrection

- 1 Sat *Death anniversary of Cardinal Mar Varkey Vithayathil (2011).*  
Acts 20:22-38 Give testimony to the Gospel amidst the torments.  
Jn 12:1-8 Anointing at Bethania.
- 2 Sun **✠ Seventh Sunday of Lent**  
**Palm Sunday**  
Gen 49:8-12,22-26 (49:1-12,22-26) The scepter shall not depart from Judah.  
Zech 9:9-12 (4:8-14+7:9-10+8:4-5,12-19+9:9-12) King of peace to Zion  
Rom 11:13-24 You have been grafted into a cultivated olive tree  
Mt 21:1-17 (20:29-21:22) Jesus' triumphal entry into Jerusalem.
- 3 Mon *It is recommended to use the Qudasha of Addai and Mari today onwards till the end of season of the Dedication of the Church*  
Gen 37:5-13, 18-22 (37: 1-22) Dream of Joseph.  
Josh 22:21-29 God is omnipotent.  
Heb 1:5-14 (1:1-14) The Son is superior to angels.  
Jn 11:47-57 (11:47-12:11) Plot to kill Jesus.
- 4 Tue *Death anniversary of Mar Abraham Kattumana (1995) and Mar Sebastian Valloppilly(2006)*  
Gen 37:23-36 The brothers sell Joseph.  
Josh 22:30-23:1 Lord reestablish the peace.  
Heb 5:1-10 (4:14-6: 8) Merciful high priest.  
Jn 12: 20-26 (12:12-43) wheat should fall down and decay
- 5 Wed *Episcopal Ordination of Mar John Nellikunnel (2018).*  
Gen 40:1-23 Joseph interprets the dream.  
Josh 23:1-11 (23:1-16) Be faithful to God.  
Heb 9:15-28 (9:11-28) New covenant signed by blood.  
Jn 12:27-33 Son of man should be lifted up.

6 Thu **Pesaha Thursday**

*Death anniversary of Mar Emmanuel Pothanamuzhy (2003).*

*Recommended to use the Qudasha of Mar Nestorius*

*(Only one Qurbana in the churches. Bl. Sacrament is given only to the sick outside Qurbana).*

Ex 12:1-20 The first Passover is instituted.

Mal 1:10-14 Make a pure offering.

1Cor 11:23-29 Lord's Supper.

Jn 13:1-14+ Mt 26:26-30 Washing of the feet and Institution of Holy Qurbana.

7 Fri **Passion Friday** *(Day of fasting and abstinence)*

*First Friday*

*Episcopal ordination of Mar George Njaralakatt (2010).*

Gen 22:1-19 Sacrifice of Abraham.

Isa 52:13-53:9 Suffering servant of God.

Rom 5:6-16 Christ died for the sinners.

**Part I** Lk 22:63-23:12 + Mt 27:19 + Lk 23:13-23 + Mt 27:24-25  
+ Lk 23:24-45+ Mt 27:51-54+Jn 19:23-30 Passion of Christ.

**Part II** Jn 19:31-42.

8 Sat **Great Saturday**

*Episcopal Ordination of Mar Remigios Inchananiyil (2010).*

*Till the feast of the Pentecost "Queen of Heaven" is recited.*

Gen 22:1-19 Sacrifice of Abraham.

Jon 2:1-10 Jonah in the belly of fish for three days and three nights.

Rom 6:3-11 We are united with Christ in death.

Mt 28:1-20 Goodnews of Resurrection.

## Season of Resurrection

The Season of Resurrection consists of seven weeks from Easter to Pentecost. It is a time of joy recalling the new life obtained through the cross which was a sign of folly becoming the sign of redemption and glory, the resurrection of Christ as a pledge of our resurrection, His resurrection as a basis Christian faith etc.

The early Church was administering the sacrament of baptism in connection with Easter. As St. Paul reminds us, 'We were buried therefore resurrection of the Saviour. In fact, the prayers and hymns of this period reflect this joy. Some of the important themes of this liturgical season are the resurrection of Christ, his victory over sin, death and Satan, with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his.' (Rom 6: 4-5) The week after Easter was set apart for the newly baptized. It is worth imitating this ancient tradition of administering baptism in connection with Easter.

### 9 Sun ✠ **Easter Sunday (Resurrection of our Lord)**

Isa 60:1-7 The glory of God in Jerusalem.

1 Sam 2:1-10 Rejoice in Christ.

Rom 6:1-14 (5:20-6:23) Dying and rising with Christ.

Mt 28:1-6 Resurrection of Christ.

#### **First Sunday of Resurrection**

*Old Testament readings and the Epistle reading are same as that of Easter Liturgy.*

Jn 20:1-18 The Lord is risen.

### 10 Mon *Episcopal ordination of Mar Raphael Thattil (2010).*

Isa 60:15-22 (60:9-22) Future glory of Jerusalem.

Acts 2:29-36 (2:14-36) Jesus is risen.

Rom 4:1-8 Justification through faith.

Jn 14:18-28 (14:18-15: 5) Jesus promises the Holy Spirit.

### 11 Tue *Episcopal ordination of Mar Paul Alappatt (2010).*

Isa 61:1-9 Good news of liberation.

Acts 2:37-47 Early Christian Community.

1 Cor 15:12-19 (15:1-19) Resurrection of the dead.

Lk 24:13-27 (24:13-35) Disciples who went to Emmaus.

- 12 Wed *Episcopal ordination of Mar Mathew Vaniakizhakeel (2000).*  
 Isa 61:10-62:5 Future of Zion.  
 Acts 4:23-31 Faithful are strengthened through prayer.  
 Eph 4:1-6 (4:1-16) Sent by Jesus.  
 Jn 15:1-10 (15:1-25) Abide in Christ.
- 13 Thu Isa 54:1-10 (54:1-15) New Jerusalem  
 Acts 6:1-7 Deacons are chosen  
 Col 2:12-15 (2:8-3:4) You are risen with him  
 Mt 10:1-15 Jesus sends his Twelve disciples
- 14 Fri *Episcopal ordination of Mar Thomas Chakiath (1998)*  
**The Feast of Martyrs (Feast of All Saints)**  
 Dan 3:25-31 (3:25-45) Song of the three young men in the furnace.  
 Acts 6:8-15 (6:8-7:10) Stephen testifies to Jesus  
 Heb 11:3-10 (11:3-10, 32-12:2) By faith our ancestors received approval.  
 Mt 10:26-33 (10:16-33) Be witnesses without fear.
- 15 Sat Col 3:1-4 Glory to us along with Him.  
 Mk 16:1-8 Resurrection of Christ.
- 16 Sun ✠ **Second Sunday of Resurrection** (*Sunday of Neophytes*).  
*Death anniversary of Mar Abraham Mattam. (2019)*  
 Isa 55:4-13 He who gathers the unknown people.  
 Acts 4:32-37 (4:32-5:11) Unity and generosity in early Christian community.  
 Col 1:12-20 (1:1-20) Lord reconciles everything in him.  
 Jn 20:19-29 (20:19-31) Thomas the apostle professes his faith in Jesus.
- 17 Mon *Episcopal ordination of Mar James Athikalam (2018)*  
 1 Cor 1:10-17 Live in harmony.  
 Lk 24:28-35 Disciples recognise the risen Christ.
- 18 Tue *Episcopal ordination of Mar Pauly Kannookadan (2010)*  
 Acts 9:20-25 Saul preaches the risen Christ.  
 Jn 5:41-47 Writings of Moses about Christ.
- 19 Wed Gal 5:1-6 Love activated through faith.  
 Mk 7:31-37 Jesus cures a deaf man.

- 20 Thu *Episcopal ordination of Mar Sebastian Adayanthrath (2002)*  
Phil 1:27-30 Privilege of believing in Christ and suffering for him.  
Mt 15:21-28 Faith of the Canaanite woman.
- 21 Fri 1 Cor 1:18-24 Folly of the Cross  
Mk 4:1-9 Parable of the Sower
- 22 Sat Col 3:14-17 Let Christ's peace rule in your hearts.  
Lk 24:36-43 Jesus appears to the disciples.
- 23 Sun ✠ **Third Sunday of Resurrection**  
*Episcopal ordination of Mar Thomas Tharayil (2017).*  
Isa 56:1-7 Salvation to all.  
Acts 5:34-42 Jesus is the Messiah.  
Eph 1:3-14 (1:1-14) Redemption through the blood of Jesus.  
Jn 14:1-14 Jesus, the way to the Father.
- 24 Mon *Episcopal ordination of Mar George Punnakottil (1977) and  
Mar Gregory Karotemprayil (1983)*  
Jas 5:7-12 Wait for the coming of Christ.  
Mt 25:1-13 Be prepared to receive the Bridegroom.  
**St. George**  
*Patron's day of Major Archbishop Mar George Alencherry,  
Mar George Njaralakatt, Mar George Valiyamattam,  
Mar George Punnakottil, Mar George Rajendran and  
Mar George Madathikandathil*  
Dan 6:12-24 Daniel is thrown to the lions.  
Acts 12:1-5 (12:1-23) Martyrdom of St. James.  
2 Cor 12:1-10 (12:1-14) Be happy in sufferings.  
Mt 10:37-42 (10:37-42+16:24-27+19:29-30) Give up life for the sake  
of Christ.
- 25 Tue 1 Thess 5:12-22 Do good always.  
Mk 4:13-20 Produce good fruits.  
**St. Mark, the Evangelist**  
Gen 41:39-45 Joseph ruler of Egypt.  
Ezek 1:10-14 The vision of Ezekiel.  
2 Tim 4:6-18 Mark helps Paul in the mission journey.  
Mk 16:15-20 Go and preach the Gospel.

- 26 Wed *Death anniversary of Mar Joseph Kundukulam (1998)*  
Phil 1:21-26 Life is Christ and death is profit.  
Mt 8:1-4 Jesus cleanses a leper.
- 27 Thu 2 Cor 8:1-11 Be generous.  
Mk 4:35-41 Jesus calms the sea.
- 28 Fri Rom 15:1-6 Make happy others.  
Lk 6:6-11 Do good on Sabbath.
- 29 Sat Jas 2:14-17 Faith without action is dead.  
Lk 6:46-49 Do the will of God.  
**St. Catherine of Sienna**  
1 Jn 1:5-2:2 Jesus wipes away the sins.  
Mt 11:25-30 Hidden and mysterious knowledge.
- 30 Sun ✠ **Fourth Sunday of Resurrection**  
**World Prayer Day for Vocations**  
Isa 49:13-23 God will never forget us.  
Acts 8:14-25 You cannot buy God's gift with money.  
Eph 2:1-7 (1:15-2:7) Salvation is a gift of God.  
Jn 16:16-24 (16:16-33) Your sadness will turn into gladness.



# May 2023

## Seasons of Resurrection and Apostles

- 1 Mon *Death of Mar Mathew Anikkuzhikkattil (2020).*  
*Episcopal ordination of Mar Jacob Thoomkuzhy (1973),*  
*Mar George Valiamattam(1988) and Mar Andrews Thazhath (2004)*  
1 Tim 6:13-16 Obey the commandments.  
Lk 20:9-16 The parable of the wicked tenants.  
**St. Joseph, the Patron of the working class**  
Gen 3:17-19,23-24 With the sweat of your forehead you shall eat your bread.  
Wis 9:10-18 Nothing is possible without hard work.  
Col 3:14-17 Do everything in the name of the Lord.  
Mt 13:53-58 Jesus, son of a carpenter.
- 2 Tue *Episcopal ordination of Mar Joseph Kallarangatt (2004)*  
1 Tim 6:17-21 Secure the future life.  
Mt 19:23-30 Everything is possible to God.  
**St. Athanasius**  
2 Sam 22:1-7 Canticle of David  
Sir 45:1-5 Moses is equal to angels in glory  
2 Cor 4:5-14 Gift in clay pots.  
Mt 10:23-28 Those who are rejected because of the Messiah.
- 3 Wed Heb 7:1-10 Priest in the order of Melchizedek.  
Jn 5:30-38 Those who fulfill the will of God.  
**Sts. Philip and James, Apostles**  
Ex 15:1-6 Song of Moses.  
Wis 5:1-7 Face persecution with fortitude.  
1 Cor 9:16-23 To preach the good news is the duty of a Christian.  
Jn 14:1-6 (14:1-14) Jesus the way, the truth and life.
- 4 Thu *Death anniversary of Bp. John Medlikott (1918)*  
2 Pet 2:1-3 Beware of false prophets.  
Mt 15:1-9 Dedication of heart is important.
- 5 Fri *First Friday*  
Eph 5:13-21 Jesus will shine upon you.  
Mk 6:35-44 Five loaves and two fishes.

- 6 Sat 1 Cor 14: 20-25 Behave with maturity.  
Mk 6:1-6 Jesus is rejected in the home town.  
**St. Dominic Savio**  
1Jn 2:14-17 Word of God abides in you.  
Mk 10:13-16 Kingdom of heaven belongs to children.
- 7 Sun ✘ **Fifth Sunday of Resurrection**  
**Mar Addai**  
Isa 49:7-13 God's mercy and compassion.  
Acts 9:1-9 (9:1-19) Saul encounters the Risen Lord.  
Heb 10:19-25 (10:19-36) Lord's body as veil.  
Jn 21:1-14 The Lord who gives banquet.
- 8 Mon 1 Pet 4:12-19 Do not be surprised at the fiery ordeal.  
Lk 11:29-32 Sign of Jonah.
- 9 Tue Jas 1:22-27 Do according to the Word.  
Mt 21:18-22 Jesus curses the fig tree.
- 10 Wed Col 3:5-11 Put on the new man.  
Jn 3:1-8 Reborn through water and spirit.
- 11 Thu Heb 3:7-13 Do not go away from the living God.  
Jn 5:24-29 Life giver of all.
- 12 Fri 1 Cor 2:1-5 Message about the crucified.  
Mt 15:10-20 Internal and external holiness.
- 13 Sat Heb 7:11-17 Jesus, the eternal priest.  
Jn 15:26-16:4 Holy Spirit witnesses about Christ.  
**St. Mathias, the Apostle (14 Sunday)**  
1 Sam 16:4-13 (16:1-13) Anointing of David.  
Acts 1:15-26 The election of Mathias.  
1Cor 1:26-30 God who chooses the foolish.  
Mt 11: 25-30 Jesus, the comfort of the poor and the afflicted.



14 Sun ✘ **Sixth Sunday of Resurrection**

*The feast of Ascension of our Lord will be on next Thursday.*

Isa 52:7-12 (51:9-11 + 52:7-12) All the earth shall see the salvation of our God.

Acts 10:9-16 (10:1-16) Everything is sanctified by God.

Eph 2:11-22 (2:4-22) We are one in Christ.

Jn 17: 20-26 (17:1-26) Let them may all be one.

15 Mon *Episcopal Ordination of Mar Jose Porunnedam (2014)*

1 Pet 2:1-5 Living stone and chosen people.

Mt 23:23-28 Hypocrisy of Pharisees.

**Feast of Blessed Virgin Mary, the Protectress of Crops**

Rom 11:25-32 God does not take back the call and gifts

Mt 18:10-14 One who came to save the lost

16 Tue *Patron's day of Mar Simon Stock Palathara and Mar Joy Alappatt*

2 Pet 3:10-13 New heaven and new earth.

Mk 13:32-37 Keep awake.

17 Wed Eph 5:1-5 Behave like saints.

Jn 15:11-17 Love each other.

18 Thu ✘ **Ascension of our Lord**

*Important feast day and a day of obligation.*

2 Kings 2:1-12 (2:1-15) Elijah is taken up to heaven.

Acts 1:6-11 (1:1-14) Jesus is taken up to heaven.

1 Tim 2:1-7 (1:18-2:15) Jesus is the only mediator.

Lk 24: 44-53 (24:36-53) Ascension of Jesus.

19 Fri Phil 3:12-15 Run aiming what is in front of us.

Jn 3:31-36 The one who comes from above is above all.

20 Sat *Inaguration of the first Synod of Syro-Malabar church and installation of the the first Major Archbishop Mar Antony Padiyara (1991).*

*Episcopal ordination of Mar Joseph Perumthottam (2002)*

1 Cor 7:32-35 Opportunity to serve the Lord.

Mt 3:7-12 Produce the fruit of repentance.

21 Sun ✘ **Seventh Sunday of Resurrection**

Isa 6:1-13 Isaiah is sanctified and sent.

Acts 1:15-26 Matthias was enrolled with the eleven apostles.

Phil 2:1-11 (1:27-2:11) Every tongue must confess that Jesus Christ is Lord.

Mk 16:14-20 (16:9-20) Go into all the world and preach the Gospel.

22 Mon 2 Thess 2:13-17 You are the first fruits of salvation.

Jn 4:3-15 Jesus gives the life - giving water.

23 Tue 1 Cor 8:8-13 Do not be a scandal to the weak.

Lk 12:13-21 The parable of the rich fool.

24 Wed 1 Jn 4:12-21 God gives His spirit.

Jn 17:1-5 Knowledge of Christ provides eternal life.

25 Thu 1 Jn 1:1-3 Testimony to the word of life.

Lk 14:25-35 Cost of discipleship.

26 Fri *Episcopal ordination of Mar Kuriakose Bharanikulangara (2012)*

1 Jn 2:22-25 Eternal life is the promise of Christ.

Mt 24:7-14 Those who endure to the end will be saved.

27 Sat 1 Cor 9:13-18 Woe to me if I do not proclaim the gospel.

Mt 18:23-35 Forgive without any limit.

## Season of Apostles

This season comprises 7 weeks from the day of the feast of Pentecost. In this season we give importance to the working of the Holy Spirit. Pentecost is a feast intimately connected with the history of salvation. In the Old Testament, we read that the Israelites celebrated Pentecost in connection with harvest. The term 'Pentecost' means 'fifty' - the feast on the fiftieth day. It was a feast of first fruit connected with the harvest. Later this feast turned out to be the commemoration of the covenant by which the Israelites became the people of God.

In the New Testament, this feast is given a new meaning. It was on the fiftieth day after Easter that the Holy Spirit descended on the apostles. It is the birthday of the new people of God. On that

day, God our Father sealed the new covenant in the Holy Spirit, the personification of love. This covenant is written not on stone tables but in human hearts. It is only after Pentecost that the spirit-filled apostles went around the world with the message of the New Covenant and laid the foundation of the communities of faith. The term 'apostle' means 'one who is sent'. This season reminds us that all those who have received baptism and anointing are 'being sent'. The main themes of this period are the work of the Holy Spirit, deep relationship between the apostles and the Church ie, the people of God, the spirit and unity of the primitive Church and the mission and missionary nature of the Church. Let us join the apostles who moved around the world with the message of their master and formed new communities of the faithful.

28 Sun ✘ **First Sunday of Apostles: The Feast of Pentecost**

*Today onwards, "The angel of Lord" is recited.*

Ex 19:1-9 (19:1-9+20:13-21) You are a holy people of God.

Acts 2:1-13 (2:1-21) Holy Spirit comes down on the Apostles.

1 Cor 12:1-11 (12:1-27) Gifts of the Holy Spirit.

Jn 16:5-15 (14:15-16, 25-26, 15:26-16:15) The work of the Holy Spirit.

29 Mon *Installation of Major Archbishop Mar George Alencherry (2011)*

1 Cor 14:26-33 Use of spiritual gifts.

Mt 11:25-30 Jesus is the comfort for the weary.

30 Tue 2 Thess 1:3-12 Accept the sufferings for the Kingdom of God.

Mt 20:29-34 Jesus heals two blind men.

31 Wed 1 Cor 11:31-34a Wait for one other.

Mt 13:31-35 Parable of mustard seed and yeast.

**Visitation of the Blessed Virgin Mary**

Rom 12:9-16 Share your blessings.

Lk 1:39-45 The Blessed Virgin Mary visits Elizabeth.



# June 2023

## Season of Apostles

- 1 Thu *Patron's day of Mar Gratian Mundadan*  
Heb 8:7-13 The new covenant inscribed in the heart.  
Jn 2:13-25 Jesus is the true temple.  
**St. Justin**  
Gen 18:23-32 God punishes the wicked.  
Wis 10:9-14 Wisdom rescues from trouble.  
1 Cor 1:18-25 Cross is the power of God.  
Lk 12:2-8 Acknowledge God without fear.
- 2 Fri **Friday of Gold**  
*First Friday*  
*Death Anniversary of Venerable Mar Thomas Kurialacherry (1925)*  
If there are only two readings, it is recommended to use the readings from Acts as the first one.  
Isa 35:3-10 The Glorious future of Israel.  
Acts 3:1-26 A lame man is healed by Apostles.  
1 Cor 12:31-13:13 (12:28-13:13) Love is eternal.  
Lk 7:11-23 (7:1-23) The blind see and the lame walk.
- 3 Sat 1 Cor 12:12-20 We are one body in the one spirit.  
Jn 6:25-29 Believe in whom He has sent.
- 4 Sun **✠ Second Sunday of Apostles**  
Joel 2:18-26 (2:15-26) The mercy of God.  
Acts 4:8-22 (4:5-22) Salvation only through Christ.  
1 Cor 6:1-11(5:6-6:11) You have been baptized in Christ and Spirit.  
Lk 7:36-50 (7:31-50) Forgiveness to the sinful woman.  
**Feast of Holy Trinity**  
Rom 5:1-5 God's love shared through Holy spirit.  
Jn 16:12-15 Fulfillment in true spirit.
- 5 Mon Phil 3:16-21 Let us hold what we have attained.  
Jn 11:17-27 Jesus is the resurrection and life.
- 6 Tue 1 Cor 9:1-12 The right of the apostle.  
Jn 6:64-71 Words of eternal life are with you.

7 Wed 1 Cor 6:12-20 Our body is the temple of the Holy spirit.  
Jn 6:37-44 Eternal life to those who believe in the Son.

8 Thu **Feast of the Body and Blood of Christ**

Gen 14:17-20 (14:1-20) Melchizedek brings bread and wine.  
Mal 1:7-12 (1:6-12) Unceasing sacrifice is offered.  
1 Cor 11:23-30 (10:15-17+11:23-30) The living bread for you.  
Jn 6:51-59 (6:51-64) This is the life-giving bread from heaven.

**St. Mariam Thresia**

Gen 12:1-4 God calls Abraham.  
Sir 2:1-6 Trust in the Lord.  
Gal 2:19-21 Crucified with Christ.  
Mt 25:31-40 Express your love of God through good deeds.

9 Fri 1 Cor 3:18-23 Wisdom of the world is folly to God.  
Jn 6:45-50 Eternal life to those who believe.

**Mar Aprem**

*Patron's Day of Mar Ephrem Nariculam*

Deut 26:16-19 You are a holy people.  
Sir 45:1-5 Moses is glorified in front of God and man.  
Rom 5:1-5 Rewards of righteousness.  
Mt. 5:13-20 You are the salt of the earth and light of the world.

10 Sat 1 Cor 10:14-22 Sharing in the body of Christ.  
Jn 6:1-15 Multiplication of the bread.

**St. Barnabas, the Apostle (11 Sunday)**

1Chr 16:8-12 Proclaim the works of the Lord.  
Acts 11:21-26 (11:21-26+11:1-3) Barnabas' Mission.  
Gal 2:1-10 Barnabas with Paul.  
Mt 10:16-22 Give testimony to Christ before the Gentiles.

11 Sun ✘ **Third Sunday of Apostles**

*Death anniversary of Mar Sebastian Mankuzhikary (1994).*

Deut 1:5-8 (1:3-17) God is faithful in His promises.  
Isa 1:1-9 People that went astray from God.  
1 Cor 7:1-7 Love in marriage.  
Lk 10:25-37 (10:23-42) The love of good Samaritan.

- 12 Mon 1 Cor 12:18-27 We are one body in Christ.  
Jn 6:30-36 Jesus is the everlasting bread of life.
- 13 Tue 1Cor 4:15-21 Kingdom of God is not in words but in power.  
Mt 18:6-9 Do not give scandals.  
**St. Antony of Padua**  
*Patron's day of Mar Antony Chirayath, Mar Antony Kariyil,  
Mar Prince Antony Panengadan and Mar Tony Neelankavil.*  
1 Cor 2:1-10 Wisdom is the power of God's Spirit.  
Lk 10:1-9 Proclaim the gospel of the kingdom of God
- 14 Wed *Death anniversary of Mar Kuriakose Kunnassery (2017)*  
Phil 2:12-16 Become impeccable sons of God.  
Jn 4:39-42 Jesus is the redeemer of the world.
- 15 Thu 1 Cor 3:1-9 You are the field and house of God.  
Lk 8:4-15 The Word which is sown.
- 16 Fri **Feast of Sacred Heart of Jesus**  
Gen 13:8-18 Abraham and Lot separate.  
Isa 52:13-53:9 He is wounded for our sake.  
Rom 10:1-10 (9:30-10:17) Jesus is the salvation for all.  
Jn 19:30-37 (Mt 11:25-30+Jn 19:30-37) The pierced heart.
- 17 Sat **Immaculate Heart of Mary**  
Eph 1:2-8 We have been chosen in Christ.  
Lk 2:41-51 Mary treasured everything in her heart.
- 18 Sun ✠ **Fourth Sunday of the Apostles**  
*Death of Mar John Perumattam (2011).*  
*Episcopal Ordination of Mar Peter Kochupurackal (2020).*  
Deut 1:16-18 (1:16-33) Judge justly.  
Isa 1:10-20 Wipe out sin and do good.  
1 Cor 9:19-27 (9:13-27) Run after eternal crown.  
Lk 6:27-36 (6:12-46) Love for the enemies.
- 19 Mon 2 Cor 1:3-7 God comforts in the afflictions.  
Mk 5:25-34 Christ rewards for the faith.

- 20 Tue Phil 1:12-18 Proclaim the gospel without fear.  
Lk 10:38-42 Mary has selected the good part.
- 21 Wed 1 Cor 15:31-34 Resurrection gives meaning for this life  
Mt 14:22-33 Jesus walks over the water
- 22 Thu 1 Cor 8:1-6 There is one God and one Lord.  
Mk 7:24-30 Faith of the Syro-Phoenician woman.  
**Sts. John Fisher and Thomas Moore**  
1 Pet 4:12-19 Suffer with Christ.  
Mt 10:16-22 Those who suffer till the end will be saved.
- 23 Fri Gal 2:15-18 Justification through faith.  
Mk 5:21-24, 35-43 Jairus daughter restored to life.
- 24 Sat 2 Cor 2:12-17 Give testimony to Christ.  
Mk 1:40-45 Jesus heals the leper.  
**Birth of John the Baptist**  
Gal 4:1-7 You are no longer a slave but a son.  
Lk 1:57-66 The birth of John the Baptist.
- 25 Sun ✠ **Fifth Sunday of the Apostles**  
Deut 1:33-46 (1:33-2:1) Live according to the Law.  
Isa 1:21-31 God's anger is on them who do injustice.  
1Cor 14:1-12 (14:1-19) Love is our goal.  
Lk 12:22-34 (12:16-34) Become rich in the presence of God.
- 26 Mon 2 Cor 1: 8-11 Suffering to depend on God.  
Jn 16:25-33 I have conquered the world.
- 27 Tue Col 2:20-23 New life in Christ.  
Mt 11:1-6 Blessed are those who are not scandalised in Christ.
- 28 Wed Rom 5:12-21 Justification through Christ.  
Mk 12:1-12 Servants of the vineyard.  
**St. Irenaeus**  
Ex 28:28-30 The priests who serve in the Holy place.  
Mal 2:4-7 A priest must store wisdom in his tongue.  
2 Tim 3:14-17 All Scripture is profitable for teaching and correction.  
Jn 14:26-30 Holy Spirit teaches us everything.

29 Thu 2 Pet 1:3-9 Christian is called to the glory of Jesus.  
Jn 6:60-63 Spirit gives life.

**Sts. Peter and Paul, Apostles**

*Important feast day and a day of obligation.*

*Patron's day of Mar Pauly Kannoorkadan, Mar Paul Alappatt  
and Mar Peter Kochupurackal.*

2 Kings 4:16-21, 32-37 (4:8-37) Son of the Shunem woman.

Acts 9:36-42 Sign worked by Peter.

2Cor 11:21b-33 (10:1-7, 11:21-33) Paul is proud of the sufferings.

Jn 21:15-19 (Mt 16:13-19+Jn 21:15-19) Lead my sheep.

30 Fri 1 Pet 3:14-18 Die in body and live in Spirit.

Mt 13:24-30, 36-43 Parable of weeds among the wheat.





# July 2023

## Seasons of Apostles and Kaitha

- 1 Sat *Episcopal Ordination of Mar Jacob Angadiyath (2001).*  
2 Pet 1:3-9 Christians are called to the glory of Jesus.  
Jn 6:60-63 Spirit gives life.
- 2 Sun **✠ Sixth Sunday of Apostles**  
Deut 4:1-8 (4:1-10) Be faithful to the commandments.  
Isa 2:1-5 (2:1-19) Jerusalem is the center of salvation.  
1Cor 10:23-31 (10:14-32) Everything for the glory of God.  
Lk 12:57-13:5 (12:57-13:17) Unless you repent you will perish.
- 3 Mon **✠ Dukhrana of St. Thomas Apostle**  
*Important feast day and day of obligation.*  
*Episcopal ordination of Mar Vijay Anand Nedumpuram (1990).*  
*Patron's day of Mar Thomas Elavanal, Mar Thomas Chakiath,*  
*Mar Thomas Thurithimattam and Mar Thomas Tharayil.*  
Gen 2:8-17 Man is put in the garden of Eden to toil it and keep it.  
Pro 4:10-18 I have taught you the way of wisdom.  
Eph 2:19-22 Apostles and Prophets are the foundation and  
Jesus is the corner-stone.  
Jn 20:24-29 My Lord and my God.
- 4 Tue 2 Cor 5:1-7 We have eternal house in heaven.  
Mk 4:21-25 Do not cover the lamp.
- 5 Wed 2 Cor 1:12-15 The apostle is proud of Jesus.  
Lk 15:8-10 Parable of the lost coin.
- 6 Thu Rom 11:1-10 Salvation through the grace of God.  
Mk 10:46-52 Jesus heals Bartimaeus.
- 7 Fri *First Friday*  
Rom 13:1-6 All powers are from God  
Mt 22:15-22 Give to Caesar what is to him
- 8 Sat Rom 7:7-13 Sin leads to sin.  
Mk 12:38-44 Widow has given more

- 9 Sun ✘ **Seventh Sunday of Apostles**  
 Deut 4:10-14 (4:10-24) Don't forget Lord's covenant  
 Isa 5:8-20 ( 5:8-25) The Holy God shows himself holy by righteousness.  
 1 Cor 16:1-14 (15:58-16:24) Do everything in love.  
 Lk 13:22-30 (13:22-35) Enter through the narrow door.
- 10 Mon *Death anniversary of Mar James Pazhayattil (2016)*  
 2 Cor 2:5-11 Forgiveness for the offender.  
 Mt 12:38-42 Sign of Jonah.
- 11 Tue *Death anniversary of Mar Charles Levigne (1913)*  
 Rom 13:7-10 Those who love the neighbour fulfills the law.  
 Mk 1:29-34 Jesus heals the mother-in-law of Peter.
- 12 Wed 1 Cor 7:17-24 The life according to the call  
 Lk 16:9-17 You cannot serve two masters
- 13 Thu 2 Cor 4:1-6 Treasure in the clay pot  
 Mt 23:13-22 Hyporcacy of the Pharisses and the Scribes
- 14 Fri **Seventy disciples of Jesus**  
 Isa 41:17-20 (41:8-20) Protecting love of God.  
 Acts 13:16-23 (13:13-23) Proclaiming the Messiah, the promised one.  
 Rom 8:28-39 (8:28-9:5) Who will seperate us from the love of Christ?  
 Mt 10:37-42 (10:37-11:15) The cost of discipleship.
- 15 Sat 1 Cor 7:8-16 Wife should not be seperated from the husband  
 Mt 19:1-12 He created them man and woman  
**Sts. Kuriakose and Julitta**  
*Patron's Day of Mar Kuriakose Bharanikulangara.*  
 Dan 3:25-45 Praising Lord from furnace.  
 Acts 6:8-15 (6:8-7:10) One who has God with him is saved.  
 Heb 11:3-10 (11:3-10,32-12:2) The faith of our fathers.  
 Mt 10:16-33 Bear witness to the Lord in front of the people.  
**Our Lady of Mount Carmel (16 Sunday)**  
 1 Kings 18:41-46 Elijah makes raining through prayer  
 Isa 35:1-4 The glory of Carmel  
 2 Cor 1:3-7 Consolation in suffering  
 Lk 11:24-28 Blessed Mary

## Season of Kaitha

This season commences commemorating the twelve apostles of Christ. The seven week long period is called Kaitha. The term 'Kaitha' means summer. It is the season of harvest. This season reminds us of the growth of the Church as a result of the missionary activity of the apostles.

The criteria to measure the growth of the Church are the life of witness of the individual Christians. Hence the commemoration of apostles and martyrs who were faithful to the Church is a special feature of this season. It reminds also of our responsibility to follow their life-style. This season reminds us of a total conversion which is effected by the renewal of mind and heart through the obedience of the law.

It can be seen also as a preparation to the season of Elijah-Cross-Moses that points to the second coming of our Lord. It directs us to the need of repentance and conversion. We have to be prepared for the second coming of our Lord. May this season help us to renounce our sinful ways and lead a life of holiness.

### 16 Sun ✠ **First Sunday of Kaitha: Feast of 12 Apostles**

1 Kings 18:30-39 Elijah builds an altar with twelve stones.

Acts 5:12-20 ( 5:12-32) The Apostles heal many.

1 Cor 1:9-16 (1 Cor 1:9-16 + 2 Cor 1:8-14) Be united in the mind.

Lk 14:7-14 (14:1-14) The mentality of the disciple.

17 Mon 1 Cor 11:17-22 There should not be divisions among you.

Mt 21:28-32 Do the will of the Father.

18 Tue 1 Cor 14:20-25 Be mature in thinking.

Lk 19:11-27 Be faithful in a very little.

19 Wed 1 Tim 6:11-16 Fight of the faithful.

Jn 10:22-28 My deeds give witness to me.

20 Thu 1 Cor 14:13-19 The gift of the Spirit for the growth of the Church.

Jn 8:48-59 Before Abraham was, I am.

21 Fri **St. James of Nisibis**

Isa 41:8-16 I have chosen you.

Acts 19:11-20 (19:8-20) Wonders and signs through the Apostles.

2 Cor 10:3-11 (10:3-18) Apostle builds up the Church.

Lk 12:4-12 (12:1-12) Bear witness fearlessly.

22 Sat 2 Cor 6:14-18 The Temple of God.

Mk 2:1-12 Jesus heals the paralytic

**St. Mary Magdalene**

Rom 8:35-39 Who can separate us from the love of Christ?

Jn 20:1-18 Mary Magdalene proclaims the risen Christ.

23 Sun ✘ **Second Sunday of Kaitha**

**Day for grand parents and the elderly.**

Deut 4:32-40 The eternal love of God.

Isa 4:2-6 (3:16-4:6) Promise of salvation to Jerusalem.

2 Cor 3:4-12 (3:4-18) The new covenant of love in Spirit.

Lk 15:11-32 (15:4-32) Parable of Prodigal son.

24 Mon Jas 1:12-18 The crown of life for those who endures the trial.

Mt 7:21-28 Those who do the will of God enters the Kingdom.

25 Tue Jas 4:1-7a Love for the world is enmity for God.

Lk 6:20-26 Beatitudes.

**St. James, the Apostle**

*Patron's day of Mar Jacob Thoomkuzhy, Mar Jacob Manethodath, Mar Jacob Angadiath, Mar Jacob Muricken and Mar James Athikalam.*

Ex 24:12-18 Moses on the Mount Sinai.

Acts 11:27-12:3 Martyrdom of James.

1 Cor 4:6-15 Apostles of Christ.

Mt 20:20-28 (20:20-33) Not to be served but to serve.

26 Wed *Death of Mar Thomas Tharayil who was the bishop of the diocese of Kottayam (1975).*

2 Cor 4:14-5:1 Eternal house from God.

Jn 12:23-28 Grain of wheat should fall into the earth and decay.

## **Sts. Joachim and Anne**

1 Sam 2:1-10 (2:1-18) Hannah's prayer.

Isa 54:1-8 The New Jerusalem.

Heb 11:8-12 Faith of Abraham.

Mt 1:1-16 The genealogy of Jesus Christ.

27 Thu Jas 1: 2-8 The testing of the faith produces steadfastness.  
Mk 11:12-14, 20-26 Faith makes everything possible.

## 28 Fri **Mar Mari, disciple of Mar Addai**

Isa 55:4-11 ( 55: 4-13) I made him a witness to the peoples.

Acts 4:32-37 (4:32-5:11) Those who believed were of one heart and soul.

1 Cor 15:1-11 (15:1-19) Apostle proclaims the Risen Christ.

Jn 20:19-29 (20:19-31) Risen Christ appears to the Apostles.

## **St. Alphonsa**

Deut 28:8-12 Israel - God's portion.

Isa 53:10-12 Suffering leads to the kingdom of God.

Gal 2:19-21 Be crucified with Christ.

Jn 12:20-26 Be like grain of wheat that is dropped into the ground and dies.

29 Sat Jas 2:1-8 Don't show partiality.  
Lk 14:15-24 Those who eat the bread of heaven are blessed.

## **St. Martha**

1Jn 4:7-16 He who lives in love lives in God.

Jn 11:17-26 (11:3-26) Jesus, the life and resurrection.

## 30 Sun **✠ Third Sunday of Kaitha**

Deut 5:6-16 (5:1-16 ) The ten commandments.

Isa 5:1-7 The vineyard of the Lord.

2 Cor 7:1-11 I rejoice because you felt a godly grief.

Jn 9:1-12,35-38 (9:1-38) A man born blind receives sight.

31 Mon Jas 2:21-26 Faith accomplished through the deeds.  
Mt 23:34-39 Jesus mourns over Jerusalem.

## **St. Ignatius of Loyola**

1 Cor 10:31-11:1 Everything for the glory of God.

Lk 14:25-33 A disciple of Jesus must give up everything.

## August 2023

### Season of Kaitha

- 1 Tue *Fifteen days fasting begins.*  
Jas 3:13-18 True wisdom is humble.  
Lk 4:25-30 Prophet is neglected in his hometown.  
**St. Alphonse Liguori**  
Rom 8:1-11 We have freedom in Jesus.  
Mk 12:28-33 You are not far away from God's kingdom.
- 2 Wed 2 Cor 5:15-21 The ministry of reconciliation.  
Mk 1:16-20 Jesus calls the first disciples
- 3 Thu Jas 5:13-20 Prayer with faith heals the sick  
Mt 10:5-15 Jesus sends his disciples
- 4 Fri *First Friday*  
*Episcopal Ordination of Mar Lawrance Mukkuzhy (1999).*  
Eph 3:14-21 Christ is in your heart through faith.  
Mk 8:22-26 Jesus heals the blind.  
**St. John Maria Vianney**  
1 Sam 21:1-6 Priest gives holy bread to David.  
Ezek 36:22-27 God purifies us from sin.  
2 Cor 1:3-7 Sharing in the suffering of Jesus.  
Mt 9:35-10:1 Jesus feels compassion on the people.
- 5 Sat Jas 4:13-17 Boasting is evil.  
Lk 9:49-56 He who is not against you is for you.
- 6 Sun ✠ **Fourth Sunday of Kaitha**  
*Death anniversary of Bishop Paulinus Jeerakathil (1990).*  
**Transfiguration of Our Lord**  
Ex 19:1-8 + 20:18-21 Covenant on Sinai.  
Acts 1:15-26 Mathias in the place of Judas.  
Heb 12:18-29 We are in the city of the living God.  
Mt 17:1-9 Transfiguration of our Lord.

- 7 Mon Jas 5:1-6 Warning to the wealthy.  
Lk 18:25-30 Eternal life for those who renounce everything.
- 8 Tue Jas 5:7-12 Be patient until the coming of the Lord.  
Mk 13:24-31 The Coming of the Son of Man.  
**St. Dominic**  
*Patron's Day of Mar Dominic Kokkattu.*  
1 Cor 2:1-10 Hidden wisdom of God.  
Lk 9:57-62 Go and proclaim the Kingdom of God.
- 9 Wed 2 Cor 13:1-4 Warning to the sinners.  
Mt 9:35-10:1 Jesus' compassion towards the people.
- 10 Thu *Patron's day of Mar Lawrance Mukkuzhy*  
Jas 4:7b-12 Humble yourselves before the God.  
Lk 12:49-53 I came to bring fire on the earth.
- 11 Fri Jas 1:9-11 Let the lowly brother boast in his exaltation.  
Mt 22:34-40 The most important commandments.  
**St. Clare**  
Deut 17:2-9 God's own holy people.  
Isa 62:1-5 People glorified by the protection of the Lord.  
Phil 3:8-14 Renounce everything for Christ.  
Mt 19:27-29 A hundred fold reward.
- 12 Sat 2 Thess 2:5-12 Punishment for the unjust  
Mt 11:20-24 Punishment for the unconvert
- 13 Sun ✘ **Fifth Sunday of Kaitha**  
Lev 23:33-44 The feast of the tent.  
Isa 28:14-22 Warning to the people who do evil.  
2 Cor 12:14-21 The concern of St. Paul  
Lk 16:19-31 (16:19-17:10) Lazarus and the rich.
- 14 Mon 2 Tim 3:10-17 All who desire to live a holy life in Jesus Christ  
will be persecuted.  
Mk 4:26-34 Parables of the Kingdom of God.  
**St. Maxmillian Kolbe**  
1 Pet 3:14-17 Suffer for righteousness.  
Lk 9:23-26 Renounce life for the sake of Christ.

- 15 Tue ✘ **Assumption of our Lady**  
*Important feast day and a day of obligation.*  
*Episcopal ordination of Mar Joseph Pallikaparambil (1973).*  
**Independence Day**  
 Ex 15:11-18 Song of Moses.  
 Acts 1:6-14 The Church together with Bl. Mary wait for the Holy Spirit.  
 Rom 16:17-27 (16:1-27) Be wise about what is good.  
 Jn 2:1-12 (Jn 2:1-12+Mt 12:46-50+13:53-57+Lk 11:27-28) Do whatever he tells you.
- 16 Wed 1 Tim 6:17-21 Let the rich not be haughty.  
 Mt 7:15-20 Beware of false prophets.
- 17 Thu 2 Pet 1:10-15 Live in truth  
 Mk 10:35-45 First is always to serve
- 18 Fri **St. Simoni and her Seven Sons**  
 2 Mac 7:1-9 The martyrdom of seven brothers and the mother.  
 Acts 7:54-60 ( 6:8-7:2+7:51-8:2) The martyrdom of Stephen.  
 Heb 11:32-12:2 (11:3-10,32-12:2 ) Witness to faith through suffering.  
 Mt 10:16-25 (10:16-33) Suffering for the sake of Christ.
- 19 Sat 2 Thess 2:1-4 The power of evil will appear.  
 Mk 13:3-13 False prophets
- 20 Sun ✘ **Sixth Sunday of Kaitha**  
 Lev 19:1-4, 9-14 You shall be holy, for I the Lord your God am holy.  
 Isa 29:19-24 (29:13-24) The meek shall obtain fresh joy in the Lord.  
 1 Thess 2:1-12 Paul's innocent behaviour.  
 Lk 17:11-19 Jesus cleanses ten lepers.
- 21 Mon 1 Jn 4:7-11 The one who is born from God.  
 Lk 6:43-45 Know the tree from its fruits.  
**St. Pius X**  
 1 Kings 19:3-8 God who protects Elijah.  
 Prov 9:1-5 Stupidity leads to destruction.  
 1 Thess 2:2-4 We have been approved by God.  
 Jn 21:15-19 Take care of my sheep.



- 22 Tue 1 Thess 3:2-6 Advices to establish them in their faith.  
Mt 9:18-26 Your faith has saved you.
- 23 Wed *Death anniversary of Mar Joseph Irimpan (1997).*  
1 Thess 5:1-11 You are all sons of light and sons of the day.  
Mt 24:37-44 The Son of Man will come unexpectedly.
- 24 Thu Rom 15:14-21 The ministry of Paul.  
Mt 12:46-50 Mother and brothers of Jesus.  
**St. Bartholomew, the Apostle**  
Deut 18:15-19 A prophet like Moses.  
Isa 22:15-22 A warning to Shebana who did evil.  
1 Cor 12:27-31 We are the body of Christ.  
Lk 6:12-19 Jesus chooses the Apostles.
- 25 Fri **St. Simon Barsaba and the co-martyrs**  
Dan 3:25-28,36-42 (3:25-45) The three young men in the furnace.  
Acts 6:8-15 (6:8-7:10) Stephen is seized for the sake of Christ.  
Eph 4:7-12 (4:1-16) Charisms for the building up of the body of Christ.  
Jn 15:18-25 (15:1-25) The world will hate you because of me.
- 26 Sat 1 Jn 2:1-6 Christ is our mediator.  
Lk 21:5-6, 20-24 The fall of Jerusalem.
- 27 Sun ✠ **Seventh Sunday of Kaitha**  
Lev 19:15-18 (19:15-19 + 20:9-14) Do justice.  
Isa 33:1-15 Repent and return.  
1 Thess 2:14-20 (2:14-3:13) Participation in Christ's suffering  
Lk 18:1-8 (18:1-14) The judge and the widow.
- 28 Mon 1Jn 4:1-6 Discern the Spirit of God  
Mk 13:14-23 The time of great calamities.  
**St. Augustine**  
Dt 10:12-17 Love God with your whole heart.  
Wis 7:10-14 Love wisdom.  
2 Cor 5:14-21 Reconcile with God.  
Mt 5:13-19 You are the light of the world and salt of the earth.

- 29 Tue Jas 2:9-13 If you show partiality, you commit sin.  
Lk 14:1-6 Do good even on Sabbath.  
**St. Euphrasia**  
Gen 12:1-4 God calls Abraham.  
Sir 2:1-6 Trust in the Lord.  
1 Thess 4:1-8 A life pleasing to God.  
Mk 10:35-45 First among you must be the servant of all.
- 30 Wed Rom 14:7-9 Whether we live or die, we are the Lord's.  
Mk 5:1-13 Jesus heals the demoniac.
- 31 Thu 2 Thess 3:6-12 Do the work quietly and earn one's living.  
Mt 13:10-17 Purpose of parables.



# September 2023

## Seasons of Kaitha and Elijah – Cross – Moses

- 1 Fri *First Friday - Eight days' Fast begins*  
Rom 8:26-30 Spirit helps in weakness  
Mk 10:13-16 Kingdom of Heaven for those who are like children
- 2 Sat 2 Thess 3:13-18 Do good to brothers  
Mk 2:13-17 Physician is for the sick

### Season of Elijah – Cross – Moses

This season points to the second coming of our Lord and the ultimate success of the cross. The central point of this period is the feast of the Exaltation of the Cross celebrated on 14th September. The early Church believed that Elijah would come before the second coming of Jesus Christ (Malachi 4:5). The fact that at the moment of transfiguration of our Lord, Elijah was present with Him strengthened this belief. The transfiguration of Jesus is a symbol of His second coming. The presence of Moses at the scene of transfiguration may have been the reason why this name is added to the Period of Elijah-Cross–Moses.

The main themes during this period are, the end of the world, death and the last judgement. It exhorts us to be always alert against the temptations of the devil and to eradicate sin from our lives.

The early Church believed that the sign that would appear in the sky before the second coming of Christ would be the Cross. Hence we specially remember and celebrate the power and glory of the Cross in this season. In addition, we come across references to the Emperor Constantine's vision of the cross and the finding of the cross by his mother Helena, in the prayers and hymns of this season. Just as Moses extended his staff over the Red Sea and showed the path to Israel across the sea, Jesus has saved

humanity revealing the way to paradise through the cross. Referring to the tree of life in paradise and the bronze serpent raised by Moses in the desert, this season reminds us of the glory promised to us through the cross. Here we have a foretaste of the heavenly Church to come.

3 Sun **✠ First Sunday of Elijah-Cross-Moses  
(First Sunday of Elijah)**

*Patron's day of Mar Gregory Karotemprayil.*

Deut 6:20-25 (6:20-7:6) Lord is the redeemer.

Isa 31:4-9 (31:1-9) Jerusalem comes back to the Lord.

2 Thess 1:3-10 (1:1-10) Steadfastness and faith in all persecutions and afflictions.

Lk 18:35-43 (18:35-19:10) From the darkness to the light who is Christ.

4 Mon 2 Cor 12:1-6 I will not boast except of my weakness.

Lk 12:35-40 Ever vigilant servants.

5 Tue Gal 3:15-20 Law and promise.

Lk 9:23-27 A call to self denial.

**St. Theresa of Calcutta**

Jas 2:14-17 Faith without action is dead.

Mt 25:31-40 See Christ in the lowly.

6 Wed Gal 4:8-11 Do not be the ministers of the powers of nature.

Lk 12:41-48 Be faithful and wise steward

7 Thu 1 Pet 1:22-25 The Word of the Lord abides for ever.

Lk 17:20-37 The Coming of the Son of Man.

8 Fri *Episcopal ordination of Mar Sebastian Vadakkal (1998).*

**The Nativity of Our Lady**

Gen 17:15-22 (17:1-27) She is the mother of nations.

Isa 43:1-7 (42:18-43:13) Homecoming of Israel.

Rev 12:1-6 Woman clothed with the Sun.

Mt 1:1-16 The genealogy of Jesus.

- 9 Sat 2 Pet 3:8-13 The day of the Lord will come like a thief.  
Mt 13:44-51 Those who find the Kingdom of heaven.
- 10 Sun ✘ **Second Sunday of Elijah-Cross-Moses  
(Second Sunday of Elijah)**  
*Death anniversary of Mar Joseph Kariatty (1786).*  
Deut 7:7-11 Keep the commandments of God.  
Isa 30:18-26 (30:15-26) Conversion of the people.  
2 Thess 2:14-3:3 (2:14-3:18) Be firm in the Apostolic tradition.  
Mt 13:1-9, 18-23 (13:1-23) Bear fruit, hearing the Word of God.
- 11 Mon *Episcopal Ordination of Mar Jose Chittooparambil (2010).*  
Rev 7:9-17 Reward of the saints.  
Mt 19:27-30 Hundred fold reward for those who left everything.
- 12 Tue 2 Tim 2:14-17a Come before God with worthiness.  
Jn 16:20-24 Your sorrow will become happiness.
- 13 Wed 1 Tim 1:3-11 Preserve faith.  
Mt 7:1-6 The measure you give will be the measure you get.  
**St. John Chrysostom**  
Eph 4:1-7, 11-13 Services are to build up the Church.  
Mk 4:1-9 The sowed seed.
- 14 Thu **The Exaltation of the Cross**  
Num 21:4-9 Bronze serpent.  
Isa 42:13-17 (42:13-43:12) The victory of God.  
1Cor 1:18-25 (1:18-31) Cross, the sign of the power of God.  
Lk 24:13-27 (24:13-35) Through suffering, Messiah entered the glory.
- 15 Fri *Episcopal Ordination of Mar Joseph Kodakallil (2015)*  
*Death anniversary of Mar Clement Thottunkal (1991).*  
1 Pet 2:19-25 Endure during suffering  
Lk 13:6-9 The tree that does not bear fruit.
- 16 Sat *Episcopal ordination of Mar George Rajendran (2012).*  
1 Pet 2:11-19 Get rid of the tendencies of the flesh  
Mt 8:5-13 Be worthy for the heavenly banquet

- 17 Sun ✘ **Fourth Sunday of Elijah-Cross-Moses  
(First Sunday of Cross)**  
*Episcopal ordination of Mar Joseph Kollamparampil (2013).*  
 Deut 8:11-20 Those who forget God will perish.  
 Isa 33:13-24 The Lord lives in Zion.  
 Phil 2:1-11 (1: 27-2:11) Christ who emptied himself.  
 Mt 4:12-17 (4:12-5:16) Repent, the Kingdom of God is at hand.
- 18 Mon Phil 4:10 -14 I can do anything through the One who strengthens me.  
 Mt 5:43-48 Love your enemy.
- 19 Tue *Episcopal Ordination of Mar Jose Kalluvellil (2015)*  
 2 Pet 3:1-7 The Second coming of Christ.  
 Mt 23:29-36 The hypocrisy of Scribes and Pharises.
- 20 Wed 1 Thess 4:13-18 God will raise those who have fallen asleep in Christ.  
 Mt 24:29-36 The coming of the Son of Man.
- 21 Thu **St. Mathew, the Apostle**  
*Patron's day of Mar Mathew Moolakkatt, Mar Mathew Vaniakizhakel and Mar Mathew Arackal*  
*Episcopal Ordination of Mar Jose Puthenveettil (2013).*  
 1Chr 29:10-19 Blessed be God for ever.  
 Ezek 1:1-14 The vision of Ezekiel.  
 Heb 11:23-26 Suffer for Christ's sake.  
 Mt 9:9-13 Jesus chose Levi as disciple.
- 22 Fri 2 Tim 2:1-7 Good warrior of the Messiah  
 Lk 4:31-37 Jesus expels evil spirit
- 23 Sat Col 1:24-29 In my flesh I am completing what is lacking in Christ's afflictions  
 Lk 15:1-7 The lost sheep
- 24 Sun ✘ **Fourth Sunday of Elijah-Cross-Moses  
(Second Sunday of Cross)**  
 Deut 9:1-6 (9:1-8) Victory is the gift of God.  
 Isa 25:1-8 Lord is the shelter and fortress.  
 Phil 3:1-11 (3:1-14) Whatever gain I had, I counted as loss for the sake of Christ.  
 Mt 17:14-21 (17:14-27) Everything possible for those who believe.

- 25 Mon 1 Jn 5:13-21 Those born of God do not commit sin.  
Jn 8:39-47 Those from God listen to the commandments.
- 26 Tue Rom 3:1-8 The justice and faithfulness of God.  
Mt 10:26-33 Give witness fearlessly.
- 27 Wed 2 Cor 13:5-10 Hold on to your faith.  
Mt 21:18-22 Whatever you ask for in prayer with faith, you will receive.  
**St. Vincent de Paul**  
*Patron's day of Mar Vincent Nellayiparampil.*  
Deut 24:10-18 Mercy towards the poor.  
Isa 42:1-19 Servant of God  
1 Cor 1:26-31 God chose us  
Mt 9:35-38 Jesus went about doing good.
- 28 Thu 2 Pet 2:20-22 Those who are entangled in the defilements even after knowing Christ.  
Mt 11:11-19 The kingdom of heaven has suffered violence.
- 29 Fri 2 Pet 1:20-2:3 False Prophets  
Mt 15:1-9 Tradition and Law of God  
**Archangels Michael, Gabriel and Raphael**  
*Patron's day of Mar Raphael Thattil*  
Rev 12:7-12 Michael and angels.  
Jn 1:43-51 The angels ascending and descending.
- 30 Sat 1 Thess 1:4-8 He has chosen you.  
Lk 8:16-21 The lamp shall not be hidden.  
**St. Jerome**  
Deut 7:6-11 (7:1-11) You are a holy people.  
Sir 24:12-17 Glory of wisdom.  
2 Tim 3:12-17 Holy life is God-inspired.  
Mt 13:44-52 Parables about the kingdom of God.  
**St. Therese of Child Jesus (1 Sunday)**  
*Patron's day of Mar Remigious Inchananiyil.*  
Deut 32:8-12 The Lord is my portion.  
Isa 66:12-18 (66:12-24) The God who consoles like a mother.  
Eph 3:14-19 Christ's love is our strength.  
Mt 18:1-5 Be like a child.



# October 2023

## Seasons of Elijah-Cross-Moses

- 1 Sun ✘ **Fifth Sunday of Elijah-Cross-Moses**  
**(Third Sunday of Cross)**  
*Episcopal ordination of Mar Thomas Thuruthimattom (2006)*  
*and Mar Jacob Murickan (2012).*  
Deut 9:13-24 God punishes the wrongdoers.  
Isa 26:1-11 (26:1-19) Lord God is an ever lasting rock.  
Phil 4:4-9 (4:4-23) Rejoice, for the Lord is near.  
Mt 15:21-28 (15:21-38) The faith of the Cananite woman.
- 2 Mon Phil 1:21-26 For to me, living is Christ and dying is gain.  
Mk 8:31-38 Jesus foretells His death and resurrection.  
**Guardian Angel**  
Acts 12:6-11 God saved me by sending his angel.  
Mt 18:10-14 The angels continually see the face of God.
- 3 Tue Tit 2:11-14 Await with hope.  
Mk 9:42-48 Do not cause one to sin.
- 4 Wed *Episcopal ordination of Mar Dominic Kokkatt (1984)*  
2 Thess 3:6-12 Be vigilant in doing good.  
Lk 9:1-6 Jesus sends the apostles.  
**St. Francis Assisi**  
*Patron's day of Pope Francis.*  
Deut 15:7-11 Help the poor.  
Isa 6:1-7 Isaiah's vision of God.  
Gal 6:14-17 Crucified to the world for Christ.  
Mt 11:25-30 Jesus, the comfortor of the afflicted.
- 5 Thu 2 Tim 3:1-7 Days of the wicked.  
Mt 8:1-4 Jesus heals the leper.
- 6 Fri *First Friday*  
*Episcopal Ordination of Mar Joseph Kunnath (1999).*  
Tit 2:6-10 Be model for good deeds.  
Lk 11:5-13 Power of prayer.



- 7 Sat 2 Tim 4:6-8 Crown of justice.  
Mt 26:6-13 Anointing at Bethania.
- 8 Sun ✘ **Sixth Sunday of Elijah-Cross-Moses**  
**(Fourth Sunday of Cross)**  
Deut 10:12-20 (10:12-22) God demands obedience.  
Isa 33:2-10 (33:1-14) Israel implores mercy from God.  
1 Cor 14:26-33a (14:1, 3,20-21, 26-33a) Our God is the God of peace  
Mt 18:1-9 (18:1-18) Great in the kingdom of heaven.
- 9 Mon *Death anniversary of the Servant of God Mar Mathew Kavukatt*  
*(1969).*  
*Episcopal Ordination of Mar Joseph Srampickal (2016).*  
2 Tim 2:8-13 He will be faithful even when we are unfaithful  
Mk 6:18-29 Beheading of John the Baptist
- 10 Tue 2 Tim 2:21-26 Invoke God with a pure heart.  
Mt 5:13-16 You are the salt of the earth and the light of the world
- 11 Wed Heb 2:1-4 Punishment for those who avoid salvation  
Lk 20:20-26 What is Ceaser's is for Ceaser and what is God's  
is for God
- 12 Thu 2Jn 4-11 Be faithful to the teachings of the Messiah  
Jn 5:39-47 Words of eternal life are in the Messiah
- 13 Fri 2 Tim 1:1-7 The spirit which God has given is not of cowardice  
Lk 21:7-19 Eternal life for those who withstand the persecution
- 14 Sat 2Tim 1:8-14 Don't be ashamed in proclaiming the Lord  
Lk 10:17-21 Be happy that your names are written in heaven  
**St. Theresa of Avila (15 Sunday)**  
Deut 11:13-17 Abide by the laws of the Lord.  
Isa 61:10-11 I rejoice in the Lord.  
Col 2:20-3:4 I will be raised with Christ.  
Jn 14:18-24 Love and the unity with God.

- 15 Sun ✘ **Seventh Sunday of Elijah-Cross-Moses  
(First Sunday of Moses)**  
 Deut 11:1-9 (11:1-12) Promised land is God's gift.  
 Isa 40:12-17 (40:1-17) God is great.  
 2 Cor 2:12-17 (1:23-2:17) We are the aroma of Christ to God.  
 Mt 20:1-16 God's righteousness surpasses man's justice.
- 16 Mon Tit 3:1-7 Practise the Christian lifestyle.  
 Lk 10:38-42 Mary has chosen the better part.  
**Bl. Thevarparampil Kunjachan**  
 Gen 12:1-4 God calls Abraham.  
 Isa 44:1-4 I will bestow my grace upon your children.  
 1 Pet 4:12-19 Live according to the will of God.  
 Jn 10:1-15 I am the good shepherd.
- 17 Tue Heb 4:1-11 Disobedience prevents from entering the rest.  
 Lk 11:14-23 Whoever is not with me is against me.  
**St. Ignatius of Antioch**  
 2 Sam 22:31-35 The Lord is the shield of those who depend on Him.  
 Wis 3:1-6 The soul of the righteous is in God's hands.  
 Rom 8:35-39 Nothing should separate us from the love of Jesus.  
 Jn 12:20-26 Fall and die as a grain of wheat.
- 18 Wed *Episcopal Ordination of Mar Antony Kariyil (2015)*  
 1 Cor 1:24-31 Folly of God.  
 Lk 11:24-26 The return of the evil spirit.  
**St. Luke the Evangelist**  
 Tob 12:6-15 Fullness of Life for the righteous.  
 Sir 38:1-9 Physician and healing.  
 Col 4:10-15 (4:10-15 + 2 Cor 8:16-24) Luke preached the Word with Paul.  
 Lk 10:1-9 Seventy disciples are sent.
- 19 Thu Heb 10:1-10 Law, the shadow of good things to come.  
 Lk 9:28-36 They saw His glory.
- 20 Fri 1 Pt 3:1-7 Obligations of husband and wife.  
 Lk 20:27-40 He is the God of the living.
- 21 Sat Phil 2:12-16 Do everything for your own salvation.  
 Jn 4:46-54 Jesus heals an official's son.

22 Sun ✘ **Eighth Sunday of Elijah-Cross-Moses**

**(Second Sunday of Moses)**

**St John Paul II**

*Episcopal Ordination of Mar John Vadakkal (2009).*

Deut 11:26-32 (11:13-12:1) Blessing for those who obey the commandments of the Lord.

Isa 41:1-7 (40:18-41:7) Israel assured of God's help.

Gal 5:16-26 (5:1-26) Live by the Spirit and do not gratify the desires of the flesh.

Lk 8:41b-56 Salvation for believers.

**Mission Sunday**

1 Cor 9:13-18 Woe to me if I do not proclaim the Gospel.

Mt 10:1-15 Jesus sends twelve apostles.

23 Mon Heb 10:19-25 The new way opened through the veil, that is the body of Christ

Mt 18:10-14 No one shall be lost.

24 Tue *Episcopal ordination of Mar Ephrem Nariculam (2014)*

Gal 6:11-18 Crucified to the world for the sake of Christ.

Lk 4:38-44 Healings at Simon's house.

25 Wed *Episcopal ordination of Mar Joseph Arumachadath (2007)*

Heb 11:11-22 The faith of the Fathers.

Lk 11:37-42 The hypocrisy of the Scribes and Pharisees.

26 Thu Rom 14:10-13 You shall not judge your brother.

Mt. 25:1-13 The parable of the ten bridesmaids.

27 Fri Heb 2:5-9 He crowned man with glory and honour.

Lk 16:1-8 Unjust but wise steward.

28 Sat *Episcopal Ordination of Pandarassery Mar Joseph (2006)*

Heb 12:1-11 We are disciplined by God to take part in His holiness.

Lk 9:18-20 The proclamation of faith by Peter.

**Sts. Simon and Jude, Apostles**

Ex 15:11-13 The Lord is splendid in holiness.

Wis 10:15-21 Wisdom will open the mouth of the dumb.

Eph 6:10-17 Gird your loins with truth and stand firm.

Jn 15:18-25 Jesus has chosen us.

29 Sun ✠ **Ninth Sunday of Elijah-Cross-Moses**  
**(Third Sunday of Moses)**

*Episcopal Ordination of Mar Prince Antony Panengadan (2015)*

Deut 13:12-18 Those who worship other gods will be punished.

Isa 41:8-16 (41:8-20) Do not be afraid, for I am your God.

Gal 6:1-10 (6:1-18) Bear one another's burden.

Mt 8:23-34 (8:23-9:9) Powers of nature obey Him.

30 Mon Heb 2:10-18 Jesus was made perfect by suffering.

Mt 24:3-14 The beginning of trials.

31 Tue 1 Thess 4:9-12 Grow in loving one another.

Jn 11:1-16 Let us go and die with him.



# November 2023

## Seasons of Elijah-Cross-Moses and Dedication of the Church

1 Wed *Episcopal Ordination of Mar Stephen Chirappanath (2016) and  
Mar Vincent Nellayiparampil (2019)*

1 Cor 15:35-41 Body of the risen ones.

Mt 25:14-30 Good and faithful servant.

### **Feast of All Saints**

1 Jn 3:1-3 When Christ appears we shall see Him.

Mt 5:1-12 The Beatitudes.

2 Thu Heb 4:12-13 Word of God is living and active.

Lk 9:46-48 Who is the greatest?

### **Commemoration of the Dead**

Ezek 37:1-14 Lord will make you alive.

2 Macc 12:38-45 The hope in the resurrection of the dead.

1 Cor 15:51-58 The dead will be raised imperishable.

Jn 11:17-27 Jesus is resurrection and life.

3 Fri *First Friday*

Heb 10:11-18 The single sacrifice for the sins.

Mt 16:5-12 The leaven of the Pharisees and Sadducees.

4 Sat Jude 5-7 Punishment for unbelief.

Jn 9:17-23 The blind is healed by Jesus.

### **Sts. Zachariah and Elizabeth (5 Sunday)**

Col 1:21-23 Stability of Faith.

Lk 1:5-25 Lord's mercy on Zachariah and Elizabeth.

## **Season of Dedication of the Church**

The last four weeks of the liturgical year belong to this season. Though there are different views regarding the origin of this season, the prayers indicate that it is the period of the dedication of the Church. In the beginning of this season, we remember Jesus offering the Church, His spouse, to the Father after the last judgement. At the end of the ages, the Church, with her children,

meets her bridegroom in heavenly Jerusalem. It is a foretaste of the eternal bliss to come. Thus the liturgical year reminds us that the Christians are called upon to attain the eternal glory through the Church.

- 5 Sun ✘ **First Sunday of Dedication of the Church**  
Ex 40:17-29,34-38 (40:17-38) The glory of the Lord filled the tabernacle.  
Isa 6:1-8 (6:1-13) The hem of His robe filled the temple.  
1 Cor 13:1-13 (12: 27-13:13) Love is the greatest gift.  
Mt 16:13-19 I will build my Church on this rock.
- 6 Mon *Death anniversary of Mar George Alappat (1973)*  
*Episcopal ordination of Mar Gratian Mundadan (1977)*  
Jas 3:6-12 Control your tongue.  
Lk 20:1-8 The authority of Jesus.
- 7 Tue Heb 6:1-6 Grow to maturity.  
Lk 21:1-4 The offering of the widow.
- 8 Wed *Episcopal Ordination of Mar Joseph Pamplany (2017).*  
Jas 1:19-25 Keep the Word.  
Lk 8:26-39 Jesus heals the man who had demons.
- 9 Thu Rev 3:8-13 Those who endure trials will be crowned.  
Mt 9:35-38 Ask the Lord of the harvest to send out labourers.
- 10 Fri 1 Pet 1:13-20 Be holy as the one who called you.  
Lk 19:1-10 Conversion of Zacheus.
- 11 Sat Acts 10:9-16 Peter's vision.  
Lk 5:1-11 From now on you will be catching people.
- 12 Sun ✘ **Second Sunday of Dedication of the Church**  
*Episcopal Ordination of Mar Sebastian Vaniyapurackal (2017).*  
*Next Sunday is World Day of Communication*  
Ex 40:1-16 (39:32-40:16) The Tabernacle and its equipments are sanctified.  
1 Kings 8:22-29 (8:10-29) Solomon's prayer before the altar.  
Heb 8:1-6 (8:1-9:10) We have a high priest seated at the right hand of the throne of the Majesty.  
Mt 12:1-13 (12:1-21) The Son of Man is Lord of the Sabbath.

- 13 Mon 2 Cor 4:11-15 We are always being given up to death for Jesus's sake.  
Mt 19:16-22 If you wish to enter into life, keep the commandments.
- 14 Tue 1 Cor 4:1-5 We are the servants of Christ.  
Jn 6:47-53 Eternal life for the one who believes.
- 15 Wed 2 Cor 11:7-15 False Apostles.  
Mk 10:28-30 Remuneration of following Jesus.
- 16 Thu *Day of the institution of Syro-Malabar Hierarchy (1924)*  
2 Cor 11:16-21 Paul's sufferings as an apostle.  
Lk 10:8-16 Whoever rejects me rejects the one who sent me.
- 17 Fri Gal 4:12-20 I am in the pain of childbirth until Christ is formed in you.  
Jn 14:1-7 Jesus is the way to the Father.
- 18 Sat *Episcopal Ordination of Mar Tony Neelankavil (2017).*  
3 Jn 5-12 Whoever does good is from God.  
Lk 22:24-30 The great in the Kingdom of God
- 19 Sun ✠ **Third Sunday of Dedication of the Church**  
*World Day of Communication (Special Collection)*  
Num 9:15-18 (7:1-10a+9:15-18) The tent of the covenant is filled with the glory of God.  
Isa 54:1-10 (54:1-15) Good news about the new Jerusalem.  
Heb 9:5-15 (9:1-15) Christ entered once for all into the Holy Place with his own blood.  
Jn 2:13-22 (2:12-22) The body of Christ is the temple.
- 20 Mon Heb 13:9-16 Here we have no lasting city.  
Lk 11:1-4 The prayer that Jesus taught.
- 21 Tue *Entrance of Mar Thoma Sleeha in India*  
*Death anniversary of Mar Sebastian Vayalil (1986)*  
Jude 17-25 Keep yourself in the love of God for eternal life.  
Lk 8:1-3 Women followers of Jesus Christ.
- 22 Wed *Death Anniversary of Mar Mathew Vattakuzhy (2016)*  
*Episcopal ordination of Mar Sebastian Pozholiparambil (2017)*  
Col 3:22-25 Obey your earthly masters.  
Mt 16:21-28 When the Son of Man comes in the glory, he will repay.

- 23 Thu Rev 19:5-10 Blessed are those who are invited to the marriage supper of the Lamb.  
Mt 22:1-14 Many are called, but a few are chosen.
- 24 Fri Rev 19:11-16 Christ, the King of kings.  
Jn 18:28-37 My kingdom does not belong to this world.
- 25 Sat Rev 21:9-14 Vision of the new Jerusalem.  
Lk 9:10-17 Give food for them.
- 26 Sun ✘ **Fourth Sunday of Dedication of the Church  
Feast of Christ, the King**  
1 Kings 6:11-19 (6:1-19) I will dwell among the children of Israel.  
Ezek 43:1-7 (43:1-7+44:1-5) The glory of the God of Israel was coming from the East.  
Heb 9:16-28 Christ entered heaven to appear in the presence of God on our behalf.  
Mt 22:41-46 (22:41-23:22) Christ sits at the right side of God.
- 27 Mon Rev 4:1-11 The heavenly worship.  
Mt 6:19-21 Your heart will be there where your treasure is.
- 28 Tue *Episcopal ordination of Mar Jacob Manathodath (1992)*  
1 Thess 4:1-8 God wishes your sanctification  
Mk 5:25-34 Your faith has saved you
- 29 Wed Heb 1:1-4 In these last days God has spoken to us by his Son.  
Mk 12:18-27 The question about resurrection.
- 30 Thu *Midnight onwards till Christmas, marriage celebration is not permitted.*  
1 Pet 1:3-7 Living hope.  
Jn 17:12-19 Jesus prays for his disciples  
**St. Andrew, the Apostle**  
*Patron's day of Mar Andrews Thazhath*  
Gen 28:10-17 Dream of Jacob.  
Zech 8:20-23 Let us entreat for the favour of the Lord.  
Rom 10:9-18 How great is the feet of the messengers of the Gospel.  
Mt 4:18-22 Jesus calls Andrew.





# December 2023

## Seasons of Dedication of the Church and Annunciation - Nativity

1 Fri **25 Days Fast Begins**

*First Friday*

Rev 14:1-7 Canticle of the victorious

Lk 19:45-48 Cleansing of the Temple.

2 Sat 1Pet 4:1-10 Steward of the grace of God.

Jn 12:37-43 Unbelief of the Jews.

**St Francis Xavier** (3 Sunday)

Deut 26:16-19 You are a holy people.

Isa 45:20-24 There is no God besides me.

2 Cor 6:3-10 We are God's servants

Mk 6:7-13 Jesus sends out His disciples.

3 Sun ✕ **First Sunday of Annunciation**

*It is proper to use the Qudasha of Mar Theodore in the Holy Qurbana from the first Sunday of Annunciation till the Palm Sunday.*

Gen 17:1-5;15-19 Announcement about the birth of Isaac

Mal 2:17-3:5 I send my messenger.

Heb 11:1-12 Those who are blessed by faith.

Lk 1:5-20 Announcement about the birth of John the Baptist

4 Mon Rom 4:1-12 Abraham, model of justification

Mt 7:21-27 The true disciple

5 Tue Rom 4:13-21 Grace to the descendant of Abraham

Jn 1:1-8 John, the man sent by God

6 Wed Col 1:24-29 Christ, the hope of glory, is in you

Jn 5:31-36 John gave witness to the Truth

7 Thu Rom 9:30-33 Whosoever believes in Him shall not be ashamed

Lk 1:21-25 The Lord removes the disgrace of Elizabeth

**St. Ambrose**

Deut 7:1-11 The holy people chosen by God

Sir 15:1-6 The gift to the just

2 Tim 4:1-8 The crown of righteousness

Lk 14:25-33 Cost of discipleship

- 8 Fri **Feast of the Immaculate Conception of Our Lady**  
 Sir 24:1-14 (24:1-34) The greatness of wisdom  
 Isa 7:10-16 Virgin will give birth to a son  
 Heb 1:1-3,2:16-18 Son of God  
 Lk 1:46-55 (Mt 1:1-17+Lk 1:46-55) The Magnificat
- 9 Sat *Death anniversary of Mar Louis Pazheparampil (1919)*  
 1 Jn 4:7-12 Manifestation of the love of God  
 Jn 3:16-21 The goal of Incarnation
- 10 Sun ✠ **Second Sunday of Annunciation**  
 Gen 3:8-24 The promise of salvation to eve  
 Jer 33:14-26 I will cause a righteous branch to spring up for David  
 Rev 5:1-5 The Lion of the tribe of Judah, the root of David  
 Lk 1:26-38 The Annunciation to the Blessed Mother
- 11 Mon Rom 1:1-7 Messiah is the Son of David and the Son of God  
 Mt 22:41-46 Messiah is the Son of David and the Lord
- 12 Tue Eph 3:1-13 Minister of the Gospel  
 Lk 1:39-45 Mary visits Elizabeth
- 13 Wed Eph 3:14-21 The depth of the love of Messiah  
 Lk 1:46-56 Canticle of Mary
- 14 Thu 1 Jn 5:13-20 Messiah is the true God and Eternal life  
 Lk 1:67-75 The horn of salvation in the house of David  
**St. John of the Cross**  
 1 Cor 2:1-10 Hidden and mysterious divine wisdom  
 Lk 14:25-33 Discipleship demands sacrifice
- 15 Fri Rom 12:9-21 Conquer evil with good  
 Lk 6:27-36 Do good to those who hate you
- 16 Sat Col 1:12-19 Messiah is the first-born before all creation  
 Jn 8:48-58 Messiah was there before Abraham
- 17 Sun ✠ **Third Sunday of Annunciation**  
 Gen 21:1-12 The birth of Isaac  
 Is 40:1-11 Prepare the way for the Lord  
 1 Cor 1:26-31 God's choice  
 Lk 1:57-66 Announcement about the birth of John the Baptist

- 18 Mon **The Miraculous Cross at Mylapore**  
 Ex 17:4-6 Water from the rock  
 Acts 2:29-36 (2:14-36) God raised Jesus whom you crucified  
 Eph 2:14-22 Peace through the Cross  
 Jn 14:1-6 Way to the Father
- 19 Tue *Death anniversary of Mar John Menacherry (1919)*  
 2 Cor 3:1-11 Ministers of the Covenant  
 Mt 11:7-15 The greatest of those born of women
- 20 Wed 1 Pet 2:1-10 You are the chosen ones  
 Mk 3:31-35 Jesus' mother and brothers
- 21 Thu *The establishment of the Syro-Malabar Hierarchy (1923)*  
 1 Cor 10:23-33 Do everything for the Glory of God  
 Lk 7:30-35 Wisdom is justified by its actions
- 22 Fri Rom 2:1-9 God's Judgement  
 Lk 6:37-42 Do not judge others
- 23 Sat Gal 4:12-20 The apostle is in the pain of childbirth until Christ is formed in us  
 Jn 3:22-30 He must increase, but I must decrease
- 24 Sun ✕ **Fourth Sunday of Annunciation**  
 Ex 34:1-9 God appears to Moses  
 Zech 2:7-13 God dwells with His people  
 Rev 21:1-7 The sanctuary of God is with the people  
 Mt 1:18-24 Announcement about Emmanuel
- 25 Mon ✕ **Christmas – The Nativity of Our Lord**  
*Day of Obligation*  
 Gen 1:1-13; 26-31 God is the creator of everything  
 2 Sam 7:8-17 I will raise up your offspring  
 Heb 1:1-14 God spoke through his Son  
 Lk 2:1-14 The birth of Jesus
- 26 Tue Rom 8:14-17 Those who are guided by the spirit of God  
 Mt 2:19-23 Jesus from Egypt  
**St. Stephen**  
*Patron's day of Mar Stephen Chirappanath*  
 Acts 6:8-10, 7:54-59 Martyrdom of St. Stephen  
 Mt 10:16-22 One who endures to the end will be saved

27 Wed **St. John, the Apostle**

*Patron's day of Mar John Vadakkal and Mar John Nellikunnel*

Ex 33:12-23 (33:9-23 ) God is with the people

Sir 15:1-6 God's devout will receive the reward

Rom 8:35-39 Who will separate us from the love of Christ?

Jn 21:20-24 Jesus and the beloved disciple

28 Thu **Holy Childhood Day (The Infants' Day)**

Gen 4:3-8 Cain murders Abel

Jer 31:15-17 Voice of lamentation from Ramah

Heb 11:32-38 (11:3-10,11:32-12:2) Persecuted for faith

Mt 2:13-18 The massacre of the infants

29 Fri **The Divine Motherhood of Mary**

Ex 37:1-9 Ark of the Covenant

Ezek 44:1-5 Gate towards the East

Gal 4:1-7 He was born of a woman

Lk 8:19-21, 11:27-28 Beatitude of Mary

30 Sat 1 Cor 1:4-9 Equal in word and birth

Lk 2:36-40 Jesus grew in wisdom and age

31 Sun ✠ **First Sunday of Nativity**

Gen 18:1-8 Abraham receives the three Divine persons

Isa 11:1-12 A shoot comes out of the stump of Jesse

Rom 15:7-13 Hope in the Lord for all the nations

Mt 2:1-12 Visit of the Magi

**End of the Year**

1 Tim 6:6-12 We do not have everlasting cities here

Lk 13:6-9 Let us bear fruit



## Appendix I

# Feasts in the Syro-Malabar Liturgical Year

There are two types of liturgical calendars in the Christian Churches: Temporal Cycle and Sanctoral Cycle. The Temporal Cycle is centered around the salvific events fulfilled in Jesus Christ; and this aims at guiding the community of the faithful into a profound meditation of the redemptive mysteries through the spirit of the Liturgical Seasons and thereby encouraging them to lead a true Christian life. The Sanctoral Cycle is organized according to the feast of saints; and in it the liturgical calendar follows the rhythm of the Fixed Feasts and Movable Feasts. East Syriac calendar, which the Syro-Malabar Church follows, is based on the temporal cycle; still, we can find elements of the Sanctoral cycle in the liturgical year of this Church.

The Second Vatican Council in consonance with the Tradition, exhorts to give more importance to the feasts of the Lord than the feasts of the saints. Therefore, feasts of the saints are not celebrated on Sundays, which is the day of Our Lord.

The list of the Feasts is arranged according to the spirit of the liturgical seasons and important feasts can be recognized easily. 111 feasts are included in this calendar. They are divided into three groups, Our Lord's (*Maranaya*) Feasts, Important Feasts and Ordinary Feasts. The Ordinary Feasts are subdivided into two: a. of the Oriental Tradition b. of the universal Church.

Eastern Churches have the tradition of integrating the feasts of saints in the Temporal Cycle. Fridays are considered important next to Sundays. Therefore, the feasts of the saints who became victorious by witnessing the Paschal Mysteries are celebrated either individually or in groups on Fridays. Their feasts are mostly celebrated on the Fridays in the seasons of *Denha*, *Sleehe* and *Kaitha* which commemorate the public ministry of Jesus, activities of the Apostles, and the growth of the Church respectively. Some feasts that should be observed to ensure the identity and Tradition of the Church are celebrated on some other Fridays. In order to link the passion, death and resurrection of our Lord, the day of All the Departed is celebrated on the last Friday of *Denha* and the All Saints' day is celebrated on the first Friday after the feast of Resurrection.

The feasts of Holy Qurbana and Holy Trinity are listed in the Feasts of our Lord. The *Pesaha* is the ideal day for the feast of the Holy Qurbana. On the Feast of *Denha* and in the Season of *Denha*, the Holy Trinity is specially remembered. However, since the faithful live amidst other rites and Churches, and many Religious Congregations work among our community, some of the feasts of the Latin Church have been given importance in our Church too. Feast of the Holy of Blessed Sacrament, Feast of Sacred Heart, Feast of Christ the King, and Feast of Our Lady of Mount Carmel are some among them and they are included in the calendar. The feast of the Sacred Heart of Jesus helps to meditate on the Mercy and Love of God. Since in some areas, the feast of All Saints and of All the Departed are observed according to the calendar of the Latin Church, they are also included in this calendar. Feasts of local importance can be celebrated locally.

Each individual Church has a serious responsibility to keep its identity and spirit. This calendar reflects an effort to be faithful to this sacred responsibility. The feasts of our Lord (*Maranaya*), feasts of Blessed Virgin Mary and some feasts of the saints are given in bold letters, according to their importance. Those in small letters are ordinary feasts and they have only two readings in the Qurbana.

# TABLE OF FEASTS IN THE LITURGICAL YEAR

## I. Feasts of Our Lord (Maranaya)

- ❖ **Christmas – The Nativity of our Lord (December 25)**
- ❖ **Holy Name of our Lord (January 1)**
- ❖ **The Feast of Epiphany (January 6)**
- ❖ The Presentation of our Lord in the Temple (February 2)
- ❖ **Palm Sunday**
- ❖ **Pesaha Thursday**
- ❖ **Passion Friday**
- ❖ **Easter**
- ❖ **Ascension (Sixth Thursday of Resurrection)**
- ❖ **The Feast of Pentecost**
- ❖ Feast of Holy Trinity (Second Sunday of Apostles)
- ❖ The Body and Blood of Christ (Second Thursday of Apostles)
- ❖ Feast of Sacred Heart of Jesus (Third Friday of Apostles)
- ❖ **Transfiguration of Our Lord (August 6)**
- ❖ **The Exaltation of the Cross (September 14)**
- ❖ Feast of Christ, the King (Fourth Sunday of Dedication of the Church)

## II. Important Feasts

- ❖ Feast of Holy Family (First Sunday of Nativity)

### Marian Feasts

- ❖ **Feast of Immaculate Conception of Our Lady (December 8)**
- ❖ **The Divine Motherhood of Mary (Last Friday of Nativity)**
- ❖ **The Feast of Annunciation (March 25)**
- ❖ Feast of the Mother Mary: The Protector of Harvest (May 15)
- ❖ Visitation of the Blessed Virgin Mary (May 31)

- ❖ Immaculate Heart of Mary (Third Saturday of Apostles)
- ❖ Our Lady of Mount Carmel (July 16)
- ❖ **Assumption of our Lady (August 15)**
- ❖ **The Nativity of Our Lady (September 8)**

## **Commemorations of Martyrs and Saints**

- ❖ **St. John the Baptist (First Friday of Denha)**
- ❖ **Sts. Peter and Paul, Apostles (Second Friday of Denha or June 29)**
- ❖ **Evangelists (Third Friday of Denha)**
- ❖ **St. Stephan (Fourth Friday of Denha)**
- ❖ **Syriac Fathers (Sixth Friday of Denha)**
- ❖ **Commemoration of the Dead (Last Friday of Denha: or November 2)**
- ❖ **Feast of All Saints (First Friday of Resurrection or November 1)**
- ❖ **Feast of 12 Apostles (First Sunday of Kaitha)**
- ❖ **St. James of Nisibis (First Friday of Kaitha)**
- ❖ **Mar Mari, disciple of Mar Addai (Second Friday of Kaitha)**
- ❖ **St. Simoni and her Seven Sons (Fifth Friday of Kaitha)**
- ❖ **St. Simon Barsaba and the co-martyrs (Sixth Friday of Kaitha)**
- ❖ **St. Kuriakose Elias (January 3)**
- ❖ **Death of St. Joseph (March 19)**
- ❖ **St. George (April 24)**
- ❖ **St. Mariam Thresia (June 8)**
- ❖ **Mar Aprem (June 9)**
- ❖ **Dukrana of St. Thomas, the Apostle (July 3)**
- ❖ **St. Alphonsa (July 28)**
- ❖ **St. Euphrasia (August 29)**



### **III. Ordinary Feasts**

#### **According to the Oriental Tradition**

- ❖ Greek Fathers (Fifth Friday of Epiphany)
- ❖ Mar Addai (Fifth Sunday of Resurrection)
- ❖ Friday of Gold (First Friday of Apostles)
- ❖ St. Cyril of Jerusalem (March 18)
- ❖ St. Athanasius (May 2)
- ❖ Sts. Kuriakose and Julitta (July 15)
- ❖ St. John Chrysostom (September 13)
- ❖ St. Ignatius of Antioch (October 17)
- ❖ Entrance of St. Thomas to India (November 21)
- ❖ The Miraculous Cross at Mylapore (December 18)

#### **Of the Universal Church**

##### **January**

- 14. St. Devasahayam
- 20. **St. Sebastian**
- 24. St. Francis de Sales
- 26. Sts. Timothy and Titus
- 28. St. Thomas Aquinas
- 31. St. John Bosco

##### **February**

- 4. St. John Britto
- 11. Our Lady of Lourdes
- 23. St. Polycarp
- 25. Blessed Martyr Rani Maria

##### **April**

- 25. St. Mark, the Evangelist
- 29. St. Catherine of Sienna

## May

1. **St. Joseph, the Patron of the working class**
3. **Sts. Philip and James, Apostles**
6. St. Dominic Savio
14. **St. Mathias, the Apostle**

## June

1. St. Justin
11. **St. Barnabas, the Apostle**
13. **St. Antony of Padua**
22. Sts. John Fisher and Thomas Moore
24. Birth of John the Baptist
28. St. Irenaeus

## July

11. St. Benedict
25. **St. James, the Apostle**
26. **Sts. Joachim and Anne**
29. St. Martha
31. **St. Ignatius of Loyola**

## August

1. St. Alphonse Liguori
4. **St. John Maria Vianney**
8. St. Dominic
11. **St. Clare**
14. St. Maxmillian Kolbe
21. **St. Pius X**
24. **St. Bartholomew, the Apostle**
28. **St. Augustine**

## **September**

- 5. **St. Theresa of Calcutta**
- 21. **St. Mathew, the Apostle**
- 27. **St. Vincent de Paul**
- 29. **Archangels Michael, Gabriel and Raphael**
- 30. **St. Jerome**

## **October**

- 1. **St. Therese of Child Jesus**
- 2. **Guardian Angel**
- 4. **St. Francis Assisi**
- 15. **St. Theresa of Avila**
- 16. **Bl. Thevarparampil Kunjachan**
- 18. **St. Luke, the Evangelist**
- 22. **St. John Paul II**
- 28. **Sts. Simon and Jude, Apostles**

## **November**

- 5. **Sts. Zachariah and Elizabeth**
- 30. **St. Andrew, the Apostle**

## **December**

- 3. **St. Francis Xavier**
- 7. **St. Ambrose**
- 14. **St. John of the Cross**
- 26. **St. Stephen**
- 27. **St. John, the Apostle**
- 28. **Holy Childhood Day**

## Appendix II

### Common Readings for the Feasts of the Saints and other Occasions

<b>I. Saints</b> <b>1. Holy Mary</b> <b>A</b> Gen 3:1-19 Gen 17:15-22 Ex 40:32-38 <b>B</b> Judg 13:1-7 Prov 3:13-18 Ruth 1:14-17 Judg 15:8-13 Judg 13:18-20 Song 2:1-4 Is 7:10-16 Zep 3:14-20 Mic 5:2-6 <b>C</b> Acts 1:12-14 Rom 8:26-30 Gal 4:4-7 Eph 1:3-12 <b>D</b> Mt 1:1-16 Mt 1:18-25 Mt 2:13-23 Mt 12: 46-50 Lk 1:26-38 Lk 1:39-47 Lk 1:46-56 Lk 2:1-14 Lk 2:15b-19 Lk 2:27-35 Lk 2: 41-52 Lk 11: 27-28 Jn 2:1-11 Jn 19:25-27 <b>2. Martyrs</b> <b>A</b> Gen 4: 8-16	<b>B</b> 1 Kgs 21:1-21 2 Chr 24:18-22 2 Macc 6:18-31 2 Macc 7:1-11 Is 53:1-12 Dan 3:18-22 Dan 6:11-24 <b>C</b> Acts 7:55-60 Rom 5:1-5 Rom 8:31-39 2 Cor 4:7-15 2 Cor 6:4-10 2 Tim 2:8-13,3:10-12 Heb 10:32-36 Jas 1:2-4,12-13 1 Pet 3:14-17 1 Pet 4:12-19 Rev 12:10-12 <b>D</b> Mt 10:16-25 Mt 10:26-33 Lk 9:23-36 Jn 12:24-26 Jn 15:18-21 Jn 17:11-19 <b>3. Priest - Saints</b> <b>A</b> Ex 32:7-14 <b>B</b> Is 6:1-8 Is 52:7-10 Is 61:1-3 Jer 1:4-9 Ezek 3:16-21 Ezek 31:11-16 <b>C</b> Acts 20:17-38 Acts 26:19-23	Rom 12:3-13 1 Cor 1:18-25 1 Cor 4:1-5 1 Cor 9:16-19, 22-23 1 Cor 12:27-31 1 Cor 3:1-6 2 Cor 4:1-7 2 Cor 5:14-20 Eph 4:1-7,11-13 Col 1:24-29 1 Thess 2:2-8 2 Tim 2:1-9 1 Pet 5:1-4 <b>D</b> Mt 9:35-38 Mt 16:13-19 Mt 23:8-12 Mt 28:16-20 Mk 1:14-20 Mk 16:15-20 Lk 5:1-11 Lk 22:24-30 Jn 10:11-16 Jn 15:9-17 Jn 21:15-17 <b>4. Fathers of the Church</b> <b>A</b> Deut 6:1-15 Num 27:15-22 <b>B</b> 1 Kgs 3:7-14 Wis 7:7-10,15-16 Sir 15:1-6 Sir 39:8-14 <b>C</b> 1 Cor 1:18-25 1 Cor 2:1-10 1 Cor 2:11-16 Eph 3:8-12
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Eph 4:1-7,11-13  
2 Tim 2:1-13  
2 Tim 4:1-5

**D**

Mt 5:13-19  
Mt 7:21-29  
Mt 23:8-12  
Mt 4:1-10,13-20

**5. Virgins**

**A**

Deut 11:10-15

**B**

Song 8:6-7  
Hos 2:16-22

**C**

1 Cor 7:25-35  
Rev 19:5-9  
Rev 21:1-5

**D**

Mt 19:3-12  
Mt 25:1-13  
Lk 10:35-42

**6. Other Saints**

**A**

Gen 12:1-6  
Lev 19:1-2,17-18  
Deut 6:3-9  
Deut 10:8-9

**B**

1 Kgs 19:4-15  
1 Kgs 19:16-21  
Tob 12:6-13  
Sir 2:7-11  
Sir 3:17-25  
Is 58:6-11  
Jer 20:7-9  
Mic 6:6-8

**C**

Acts 4:32-35  
Rom 8:26-30  
1 Cor 1:26-31  
2 Cor 10:17-11:2  
Gal 2:19-20

Gal 6:14-16  
Eph 3:14-19  
Eph 6:10-13,18

Phi 3:8-14

Phi 4:4-9

Col 3:12-17  
Jas 2:14-17

1 Pet 3:1-9

1 Jn 3:14-18

1 Jn 4:7-16

1 Jn 5:1-5

Rev 3:14-22

Rev 19:1-9

Rev 21:5-7

**D**

Mt 5:1-12  
Mt 5:13-16  
Mt 7:21-27  
Mt 11:25-30  
Mt 13:43-46  
Mt 16:24-27  
Mt 18:1-5  
Mt 19:27-29

Mt 22:34-40

Mt 25:14-30

Mt 25:31-46

Mk 3:31-35

Mk 9:34-37

Mk 10:13-16

Mk 10:17-30

Lk 6:27-38

Lk 9:57-62

Lk 10:38-42

Lk 12:32-34

Lk 14:25-33

Jn 15:1-8

Jn 15:9-17

Jn 17: 20-26

**II. Other Occasions**

**1. Baptism**

**A.**

Gen 12:1-4  
Gen 15:1-6  
Gen 17:1-8

Gen 35:1-7  
Deut 30:15-20

**B**

Josh 24:14-18  
2 Kgs 5:9-15  
Is 44:1-8  
Jer 31:33-34  
Ezek 36:24-28  
Ezek 47:1-12

**C**

Acts 8:26-38  
Rom 6:3-11  
Rom 8:22-32  
Rom 8:35-39  
1 Cor 12:12-13

Gal 3:26-28

Eph 1:3-10

Eph 4:1-6

Col 3:9-17

Tit 3:4-7

Heb 10:22-25

1 Pet 2:4-10

Rev 19:1-9

**D**

Mt 16:24-27

Mt 22:35-40

Mt 28:18-20

Mk 1:9-11

Mk 10:13-16

Mk 12:28-34

Mk 16:15-20

Lk 24:44-53

Jn 1:9-18

Jn 1:29-34

Jn 3:1-6

Jn 3:16-21

Jn 4:5-14

Jn 6:44-47

Jn 7:37-39

Jn 9:1-7

Jn 12:44-50

Jn 15:1-11

Jn 19:31-35

## **2. Chrismation**

### **A**

Num 11:16-17

### **B**

Is 11:1-4

Is 42:1-3

Is 61:1-9

Ezek 36:24-28

Joel 2:28-32

### **C**

Acts 1:3-8

Acts 2:1-6

Acts 8:14-17

Acts 10:37-44

Acts 19:1-6

Rom 5:1-8

Rom 8:12-17

Rom 8:26-27

1 Cor 12:4-13

Gal 4:1-7

Gal 5:16-25

Eph 1:17-19

Eph 4:1-6

### **D**

Lk 4:16-22

Lk 8:14-16

Lk 10:21-24

Jn 7:37-39

Jn 14:15-17

Jn 14:21-26

Jn 15:18-27

Jn 16:5-13

## **3. Priestly Ordination**

### **A**

Num 3:5-9

Ex 28:1-5,40-43

Lev 8:1-12

Is 61:1-3

Jer 1:4-9

### **B**

Acts 10:37-43

Acts 20:17-36

Rom 12:4-8

1 Cor 12:27-31

2 Cor 4:1-7

2 Cor 5:14-20

2 Cor 4:8-20

1 Tim 3:8-13

1 Tim 4:6-16

2 Tim 1:6-14

Heb 5:1-10

1 Pet 4:7-11

1 Pet 5:1-4

### **C**

Mt 5:13-16

Mt 9:35-38

Mt 10:1-5

Mt 20:25-28

Lk 10:1-9

Lk 12:35-44

Lk 22:14-20,24-30

Jn 10:11-16

Jn 12:24-26

Jn 15:9-17

Jn 17:6-19

Jn 20:19-23

Jn 21:15-17

## **Diaconate**

### **A**

Num 8:5-16

Num 8:20-26

### **B**

Sir 30:1-11

Is 6:1-8

### **C**

Acts 6:1-7

Acts 8:26-40

Acts 12:4-11

1 Tim 3:8-13

2 Tim 3:10-15

### **D**

Mk 1:11-20

Lk 5:1-11

Jn 1:35-42

Jn 1:43-49

## **Sub Diaconate**

### **A**

Gen 14:18-20

Ex 16:2-15

Ex 24:3-8

Deut 8:2-16

### **B**

Prov 9:1-6

### **C**

Acts 2:43-47

Acts 10:37-43

1 Cor 10:16-17

1 Cor 11:23-26

Heb 9:11-15

### **D**

Mk 14:12-26

Lk 9:11-17

Lk 24:13-35

Jn 6:1-15

Jn 6:24-35

Jn 6:41-51

Jn 6:51-59

## **Lector**

### **A**

Deut 6:3-9

Deut 30:10-14

### **B**

Neh 8:1-10

Is 55:10-13

### **C**

1 Cor 2:1-5

2 Tim 3:14-17

2 Tim 4:1-5

Heb 4:12-13

1 Jn 1:1-4

### **D**

Mt 5:14-19

Mk 1:35-39

Lk 4:16-21

Jn 7:14-18

## **4. Anointing of the Sick**

### **A**

Ex 3:7-8

Ex 17:1-6

### **B**

1 Kgs 19:1-8

Is 35:1-10

Is 52:13-53:12

Is 61:1-3

**C**

Acts 3:1-10  
 Acts 3:11-16  
 Acts 4:8-12  
 Rom 8:14-17  
 Rom 8:18-27  
 1 Cor 12:12-27  
 2 Cor 4:16-18  
 Gal 4:12-19  
 Phil 2:25-30  
 Col 1:22-29  
 Heb 4:14-16  
 Heb 5:7-9  
 Jas 5:13-16  
 1 Pet 1:3-9  
 Rev 21:1-7  
 Rev 22:17-21

**D**

Mt 5:1-12  
 Mt 8:1-4  
 Mt 8:5-17  
 Mt 11:25-30  
 Mt 15:25-31  
 Mt 25:31-40  
 Mk 2:1-12  
 Mk 10:46-52  
 Lk 7:19-23  
 Lk 12:35-45  
 Lk 18:9-14  
 Jn 6:35-40  
 Jn 9:1-7

**5. Marriage****A**

Gen 1:26-28  
 Gen 2:18-24  
 Gen 24:48-67

**B**

Tob 7:6-14  
 Tob 8:4-8  
 Prov 26:1-4  
 Prov 26:13-17

**C**

Rom 12:1-2,9-13  
 1 Cor 6:12-20  
 Eph 5:22-23  
 1 Pet 3:1-7  
 Rev 19:5-9

**D**

Mt 19:3-6  
 Mt 22:35-40  
 Mk 10:6-9  
 Jn 2:1-11  
 Jn 15:8-12  
 Jn 15:12-16

**6. Profession of the Religious****A**

Gen 12:1-4

**B**

1 Sam 3:1-10  
 1 Kgs 19:4-15  
 1 Kgs 19:19-21  
 Song 8:6-7  
 Is 63:1-8  
 Jer 31:31-37  
 Jer 2:16-22

**C**

Acts 2:42-47  
 Acts 4:32-35  
 Rom 6:3-11  
 Rom 12:1-13  
 1 Cor 7:25-35  
 Eph 1:3-14  
 Phil 2:1-4  
 Phil 3:8-14  
 Col 3:1-4  
 Col 3:12-17  
 1 Thess 4:1-12

**D**

Mt 5:1-12  
 Mt 11:25-30  
 Mt 16:24-27  
 Mt 19:16-26  
 Mt 25:1-13  
 Mk 3:31-35  
 Mk 10:24-30  
 Lk 1:26-38  
 Lk 9:57-62  
 Lk 10:38-42  
 Lk 11:27-28  
 Jn 12:24-26  
 Jn 15:1-8  
 Jn 15:9-17

**7. Commemoration of the Dead****A**

Gen 49:29-33

**B**

2 Macc 12:43-45  
 Job 19:23-27  
 Wis 3:1-9  
 Wis 4:7-15  
 Is 25:6-9  
 Dan 12:1-3

**C**

Acts 10:32-47  
 Rom 6:3-9  
 Rom 8:12-17  
 Rom 14:7-12  
 1 Cor 15:12-19  
 1 Cor 15:20-28  
 1 Cor 15:36-50  
 1 Cor 15:50-57  
 2 Cor 4:14:-5:1  
 2 Cor 5:6-10  
 Phil 3:20-21  
 1 Thess 4:13-18  
 2 Tim 2:8-13  
 1 Jn 3:1-2  
 1 Jn 3:14-16  
 Rev 14:13-20  
 Rev 20:11-21:1  
 Rev 21:1-7

**D**

Mt 25:1-13  
 Mt 25:14-30  
 Mt 25:31-46  
 Lk 7:11-17  
 Lk 12:35-40  
 Lk 23:33-43  
 Lk 23:47-53  
 Jn 5:24-29  
 Jn 6:37-40  
 Jn 6:51-58  
 Jn 11:12-27  
 Jn 11:32-45  
 Jn 12:23-28  
 Jn 14:1-6  
 Jn 17:24-26

